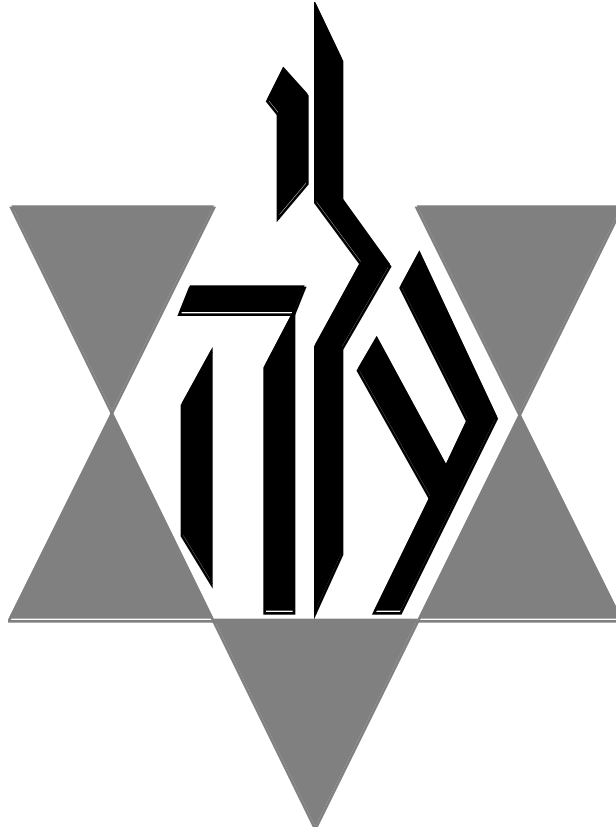


Temple Aliyah



HIGH HOLIDAYS and Sukkot

September–October 2003

Elul–Tishrei 5764

Carl M. Perkins, Rabbi

Harry Gelman, Cantor

Lesli Reich, President

**תקעו בחדש שופר בכסה ליום חגנו
כי חק לישראל הוא משפט לאלקי יעקב:**

*Sound the shofar on the new moon,
In the time appointed for our festival day.
It is a statute for Israel, an ordinance for the God of Jacob.*

**כי ביום הזה יכפר עליכם לטהר אתכם
מכל חטאתיכם לפני ה' תטהרו:**

*For on this day atonement shall be made for you to purify you.
From all your sins before the Lord you shall be cleansed.*

**אלקים חיים בתבנו והתמנו בספר החיים
בכתוב: ואתם הרבקים בה' אלקיכם חיים כלכם היום:**

*O Living God, inscribe us and seal us in the Book of Life.
As it is written: "You who cling unto the Lord your God
Are alive, all of you, today."*

**היום תאמצנו: היום תברכנו: היום תגדלנו:
היום תדרשנו לטובה: היום תכתבנו לחיים טובים:
היום תשמע שועתנו:
היום תקבל ברחמים וברצון את תפלתנו:
היום תחמכנו בימיך צדקך:**

*Strengthen us today. Bless us today. Exalt us today.
Consider us for good today. Inscribe us for a good life today.
Hear our plea today. Receive our prayer in mercy and favor today.
Support us with the power of Your righteousness today.*

5764 HIGH HOLIDAY BOOKLET 2003

TABLE OF CONTENTS

Greetings

Rabbi Carl M. Perkins	4
Lesli Reich, President	5
Dr. Beverly Schwartz-Katsh, Educational Director	6
Terri Swartz Russell, Family Educator	8

Practical matters

Schedule of services and events.....	10
Selichot.....	12
Cemetery Service.....	12
Family Service.....	12
Teen Services	12
Rosh Hashanah Get-Togethers.....	13
Tashlich.....	13
Israel Appeal.....	14
Kol Nidre “Paper Bag” Food Drive	14
Child Care	15
Children’s Services	15

Spiritual matters

Davening and the Mahzor: A Brief User’s Guide	16
Common Courtesies	17

Special items

Torah and Haftarah readers and prayer leaders	18
High Holiday Greetings	21
Sukkot planning	26
Acknowledgments	27

FROM THE RABBI

“Who shall live and who shall die?”

These words, which we chant on each of the High Holidays, can pierce our hearts—if we are open to them. They are designed to move us. They are designed to provoke us to rethink our assumptions and to reorient our lives.

Each of us can, if we listen to them, hear these words as individuals, as members of the Jewish People, and as members of the human family.

As individuals, we can hope that we will come to realize, sooner or later, that we are mortal. Otherwise, we can be very difficult to live with. Realizing that the length of our lives is not entirely in our hands can chasten us. It can lead us to practice kindness and to speak gently with our loved ones. When we realize that we can't assume that we'll always be around to apologize for a thoughtless remark or a mean-spirited gesture, we might start being nicer sooner.

For Jews, this has been a difficult year. Anti-Semitism has risen to alarming levels. Jews in Europe feel more vulnerable than ever. And Jews in Israel are feeling even more threatened. Riding in a bus, sitting in a café, and browsing in the mall have become inherently dangerous activities for Israelis. As of the time of the writing of these words (June 2003), the future, unfortunately, holds little promise. Will greater security come, for Israelis and Palestinians, in the new year? How many must die before it is achieved? Realizing how high the stakes are can impel us to get involved, to help our Israeli brothers and sisters, and to work to help bring about a safer, more secure world for Jews.

As human beings, we realize that the world is getting smaller and its non-renewable resources are diminishing. The world's population is exploding. In peaceful times, these issues would be challenging enough, but in times of war it is even more difficult to imagine sitting together with representatives of other nations to address the serious economic, environmental and social problems that face our planet. Will we do so in the coming year? How many must die from malnutrition, disease, or contaminated air, water or land before we unite to make the planet a safer, more humane environment for all?

“Who shall live and who shall die?” Let's take these words to heart—as they were intended to be taken. Let's ask ourselves what we can do, in the coming year, to be better human beings. Let's ask ourselves what we can do to help our

As individuals, we can hope that we will come to realize, sooner or later, that we are mortal. When we realize that we can't assume that we'll always be around to apologize for a thoughtless remark or a mean-spirited gesture, we might start being nicer sooner.

fellow Jews. Let's ask ourselves what we can do for humanity. And then, let's resolve to do all we can during the coming year.

Let me wish each and every one of you a festive and fulfilling Rosh Hashanah, followed by a year of hard work on behalf of the values in which we believe.

Shanah tovah!
Rabbi Carl M. Perkins

FROM THE PRESIDENT

Are the holidays "early or late" this year? How often have you asked that question? What exactly does it mean? If they are early, are we celebrating when the secular calendar says that it is still summer? If they are "late" are we celebrating as the leaves are beginning to change color? No matter when the High Holidays fall, it is a special time for us.

On Rosh Hashanah we make an accounting of our year. What did we do with the last year? Has it been a time of personal growth, of insight and of caring for others? Because we all lead very busy lives, we often get wrapped up in our day-to-day routines. We tend to lose sight of the people and things that are important to us. Rosh Hashanah provides us with the opportunity for evaluation and rededication.

As we begin our accounting, it is the perfect time to build and re-establish relationships with our family and friends and with our Temple community. It is a perfect time to make a commitment to become involved with our Temple. I invite all of you to worship with us, learn with us, and celebrate with us. I urge you to get involved by joining a committee or volunteering. Make this the year that you make Temple Aliyah your community.

I look forward to greeting each of you during the holidays. Carter and Mara, along with the Officers and Board of Trustees of Temple Aliyah, join me in wishing you and your families a happy, healthy and sweet New Year.

L'Shanah Tova,
Lesli Reich

FROM THE DIRECTOR OF EDUCATION

As a new year unfolds before us, the Jewish year 5764, I am thinking about how we should help our children face the year in the world as it has become. Before September 11th, before the years of the Intifada and hostilities and killings in Israel and before the war in Iraq, I certainly found it so much easier to face a new year with great optimism. After all, the Jewish New Year is an opportunity to make amends and start again. As adults and parents, we can apologize to those we had wronged and start again. We can teach our children to do the same and encourage them to resolve to be kinder friends, nicer siblings or more loving grandchildren.

How do we help our children prepare their minds and souls to be kinder and more caring people in a world that has become so much more menacing and hostile?

*How do we help our children
prepare their minds and souls
to be kinder and more caring
people in a world that has
become so much more
menacing and hostile?*

In our Religious School last year we tried to respond to this new world by starting each day with the traditional Jewish way of approaching fear and uncertainty—with prayer. The students began their day of learning with the recitation of short, English prayers. Using concepts of traditional Jewish prayer and some key phrases, I wrote three prayers, one for peace, one for the Land of Israel and one for our country. The classes recited these all year. When the war in Iraq began, I wrote a special prayer for our soldiers and all those who were suffering. In these new prayers, I tried to use ideas and language that would resonate with the students at their developmental levels.

Prayer seemed like such an appropriate way to bring some sense of well-being and control. From time to time, students would ask questions about current events and teachers would respond. But our goal was really to provide an oasis from the clamor in our world. We were able to share our feelings and share the experience of turning to God and asking for divine intervention and comfort.

As we begin this season of our special holidays, I would like to share with you two of the prayers we recited (printed on the next page). We will continue to start the day with prayer. We will continue to make our school what all places of Jewish learning are—sacred space. We will be mindful of safety and we will try at all times to promote an environment where sacred space and sacred time can mingle. And, bringing prayer into the classroom promotes such an environment. I know, too, that I will pray that 5764 will be the year when our pleas for peace and safety and kindness to all will be answered.

*B'shalom,
Dr. Beverly Schwartz-Katsh*

A Prayer for Peace

O God, we pray for peace and happiness for ourselves, for the Jewish people, and for all people everywhere. Bless us always, ADONAI, with your guiding light, because by it You have shown us how to live in kindness, in love, in fairness, and in peace.

ברוך אתה יי אלהינו מלך העולם. המברך את עמו ישראל בשלום:

We praise You, ADONAI, for blessing our people Israel with peace.

A Special Prayer for Peace (at the onset of war in Iraq)

אלהינו ואלהי אבותינו.

Our God and God of our ancestors, keep our soldiers safe,

And bring them back soon.

Guard all of the innocent people, wherever they may be,

And bring peace quickly to everyone.

FROM THE FAMILY EDUCATOR

As I begin my own reflection and preparation for the upcoming High Holidays, I share with you these words, which speak to me, about the purpose of the Jewish New Year and how I can better prepare myself so that my holiday experience is one of purpose and personal growth.

Most of us have been at a car wash at least once in our lives. The ones that are the most fun, for kids and adults alike, are the kind where you remain in the car, shift into neutral and float along on the conveyor belt.

First, there's a spray of water from one side, then the soap hits the car from somewhere else, and for an additional \$1.50 you can get some hot wax so that the shine lasts longer. Finally, big rubber pieces envelop the car and dry it without so much as a scratch. Thirty seconds after this wash cycle has begun, you're driving out looking like a million bucks. That is, until you realize that the inside of your car still has windows that are smudged from the inside, cookie crumbs or candy wrappers on the floor, even a few loose coins in the seat.

The only way to get the inside clean is to open up your door and let some guy with a bottle of Windex and a vacuum cleaner jump in and do the rest of the job.

On Rosh Hashanah we all go to the synagogue, sit down, position ourselves in neutral and wait for the conveyor belt to begin moving. The rabbi zaps you from this side, the cantor and/or choir gets you from the other side, then comes the shofar blowing ceremony, the sermon and the Torah reading, and before you know it, the service is over.

Many of us walk out of shul on Rosh Hashanah feeling like a million bucks, all clean and shiny and new. But then it hits us. We aren't any cleaner on the inside than when we walked in. All of those faults and bad habits we had promised ourselves we'd change are still with us. And no amount of sitting in the synagogue, no matter how much the seats cost, is going to change us.

How can we change? Unlike our cars, unfortunately, it isn't a matter of letting someone in with rags and cleaning solution. It's much more difficult because we're the only ones who can really make sure that our insides get cleaned. Which isn't to say that change has to be a solitary experience. Certainly it is easier when we have help and support from the people around us.

Like a car wash, however, getting our insides clean is intrinsically tied up with "opening up." Once we're open to change, we're halfway there. This season of the High Holidays is the time when we contemplate our past behavior, our involvement with Judaism, our goals and values. It is a most appropriate time to begin making the necessary changes in our lives. Open up. Try something new. Attend a Torah study class. Read a Jewish book. Clean up your insides. Then you'll look and *feel* like a million bucks.

(Based on a Rosh Hashanah talk by Rabbi Yitzchak Sapochinsky, Chabad of Westland Village.)

*L'Shanah Tovah,
Terri Swartz Russell, Family Educator*

You are the Lord and I am the servant.
Who should have mercy on the servant if not
the Lord?

You create and I decay.
Who shall have mercy on the decayed if not
the Creator?

You are the Judge and I am the accused.
Who shall have mercy on the accused if not
the Judge?

You are the All and I am a fragment.
Who shall have mercy on the fragment if not
the All?

You are the Living One and I am the dead.
Who shall have mercy on the dead if not the
Living One?

You are the Potter and I am the clay.
Who shall have mercy on the clay if not the
Potter?

You are the Fire and I am the stubble.
Who shall have mercy on the stubble if not
the Fire?

You are the Listener and I am the pleader.
Who shall have mercy on the pleader if not
the Listener?

You are the Beginning and I am the end.
Who shall have mercy on the end if not the
Beginning?

Anonymous

2003 - HIGH HOLIDAY SCHEDULE - 5764

FALL WEEKDAY EVENING MINYANS RESUME		
Monday, September 8	Maariv	7:30 PM
SELICHOT		
Saturday, September 20	Program and Service	8:30 PM
	Concludes	11:00 PM
EREV ROSH HASHANAH		
Friday, September 26	Mincha/Maariv	6:15 PM
ROSH HASHANAH - 1ST DAY		
Saturday, September 27	Shaharit	8:30 AM
	Torah Service	9:30 AM
	Youth Services begin	10:30 AM
	Teen Services begin	10:30 AM
	President's Appeal	10:30 AM
	Sermon	11:00 AM
	Musaf	11:30 AM
	Conclusion	1:15 PM
	Mincha/Maariv	6:15 PM
ROSH HASHANAH - 2ND DAY		
Sunday, September 28	Shaharit	8:30 AM
	Torah Service	9:30 AM
	Family Service	9:15-10:15 AM
	Youth Programs begin	10:30 AM
	Teen Services begin	10:30 AM
	Sound Shofar	10:30 AM
	Sermon	11:00 AM
	Musaf	11:30 PM
	Conclusion	1:15 PM
	Get Togethers "Under the Tent"	4-5 PM
	Tashlich	5:00 PM
	Mincha, Maariv, Havdalah	6:15 PM
SHABBAT SHUVAH		
Saturday, October 4	Shaharit	9:15 AM
	Torah Service	10:00 AM

Please note: All Services will begin promptly at indicated starting times. All other times are approximate.

Child care for children ages 3-4 (by pre-registration only) will be offered each holiday morning from 9:45 AM to 12:30 PM. Older children are invited to join their parents at Services in the Sanctuary until the Youth and Teen Services begin at 10:30.

EREV YOM KIPPUR			
	Sunday, October 5	Mincha	6:00 PM
		Kol Nidre	6:15 PM
YOM KIPPUR			
	Monday, October 6	Shaharit	8:30 AM
		Torah Service	10:00 AM
		Family Service	9:15–10:15 AM
		Youth Services begin	10:30 AM
		Teen Services begin	10:30 AM
		Appeal for Israel	11:00 AM
		Sermon	11:20 AM
		Yizkor	11:30 AM
		Musaf	11:45 AM
		Musaf concludes	2:00 PM
		Mincha	4:30 PM
		Neila	5:45 PM
		Maariv	6:45 PM
		Conclusion	7:00 PM
SUKKOT PREPARATION			
	Tuesday, October 7	Sukkah building	
		Sukkah decorating begins	
	Thursday, October 9	Lulav Shake program	6:30–7:30 PM
EREV SUKKOT			
	Friday, October 10	Maariv	6:15 PM
FIRST DAY SUKKOT			
	Saturday, October 11	Shaharit	9:00 AM
		Kiddush in Sukkah	12:00 PM
SECOND DAY SUKKOT (no religious school)			
	Sunday, October 12	Shaharit	9:00 AM
		Kiddush in Sukkah	12:00 PM
		Sukkah “Hop”	2–4:00 PM
EREV SHEMINI ATZERET			
	Friday, October 17	Maariv	6:15 PM
SHEMINI ATZERET			
	Saturday, October 18	Shaharit	9:00 AM
		Yizkor	10:30 AM
		Reading of Kohellet	11:00 AM
EREV SIMHAT TORAH			
		Maariv (with hakafot)	7:00 PM
SIMHAT TORAH			
	Sunday, October 19	Shaharit	9:00 AM
		Torah Service	10:00 AM
		Torah Study and Hakafot	11:00 AM

SELICHOT

Please join us this year on Saturday evening, September 20. Our study session will begin over coffee and pastries at 8:30 PM. Following the program, we will recite *Selichot* and conclude by around 11:00 PM.

CEMETERY SERVICE

The annual Temple Aliyah cemetery Memorial Service will be held on Sunday morning, September 21, at 10:00 AM, at our cemetery on Baker Street. At this time we will recite memorial prayers for all of our departed, even if they are buried in other cemeteries.

FAMILY SERVICE

This year, as part of our celebration of the High Holidays, we again are offering a “Family Program” for families with preschool to kindergarten age children. On the second day of Rosh Hashanah and again on Yom Kippur, we will offer a child-friendly service led by our Director of Education, Dr. Beverly Schwartz-Katsh. The service each day will begin at 9:15 and extend to 10:15.

TEEN SERVICES

Once again, we will be offering separate High Holiday services for our teens on Rosh Hashanah and Yom Kippur. These services will begin at 10:30 and will be conducted by our teenagers and Alison Adler. We also will be offering a teen-led service for Kol Nidre on Yom Kippur eve. We hope this High Holiday teen experience will help us and our teens create a strong teen sense of community at Temple Aliyah in the year to come.

Teens who are interested in participating in these services, should please contact Alison as soon as possible by calling her at the synagogue or reaching her by email at Alison@templealiyah.com. As with all programs, we also would appreciate parent volunteers. If you are the parent of a teen and would like to help, please be in touch with Alison.

ROSH HASHANAH GET-TOGETHERS

For many years now, we have sponsored a program of “get-togethers” at which all our Temple members are invited to join together for dessert and camaraderie. This year our “get-together” program will be held “under the tent” at the synagogue on the second day of Rosh Hashanah, Sunday, September 28, from 4:00 to 5:00 (to be followed immediately by Tashlich).

The “get-togethers” offer an especially good time to renew friendships that may have been suspended over the summer months, as well as to establish new ones. For those within the Congregation who do not have close family in the area, it is a chance to develop a sense of community warmth. The Rosh Hashanah get-togethers have continued to provide participants with a wonderful *yuntiff* experience.

TASHLICH

Each year we gather at our synagogue on Rosh Hashanah and walk together to Walker-Gordon Pond to empty our pockets and to toss our bread crumbs into the water. This ritual, known as *Tashlich* (“cast away”), is designed to encourage us to “cast away” our bad traits as if they are no more a part of us than the crumbs in our pocket.

Of course, we can’t really toss away sins as easily as we can shake crumbs out of our pockets, but then again it may not be as difficult as we may think. Judaism is an optimistic way of life. We believe that, however unlikely it may seem, we can overcome our mistakes and Tashlich is a wonderfully tangible way to express this conviction. It’s also a nice opportunity for a pleasant stroll with family and friends.

Ordinarily, Tashlich is conducted on the first day of Rosh Hashanah. However, when the first day falls on Shabbat, as it does this year, we defer Tashlich until the second day because carrying objects (such as breadcrumbs) in the public domain is prohibited on Shabbat.

We will meet this year on Sunday, September 28, at 5:00 PM (immediately after the congregational “get-togethers” under the tent) and then join together for this lovely communal experience. In addition to your bread crumbs, if your family owns a shofar, please bring it with you, as we will be utilizing them as well for our program. Last year over 150 people participated in our Tashlich walk to Walker Pond! Please join us this year, crumbs and shofarot in hand.

ISRAEL APPEAL

This year, on Yom Kippur, we are once again planning to conduct an appeal on behalf of the State of Israel.

Our primary fundraising goal will be to support our Adopt-A-Family Program which links synagogues with families in Israel who have suffered losses and hardships due to the ongoing violence in the Middle East. Through the efforts of our Israel Keshet Committee, Temple Aliyah presently supports five families who are victims of terror. We maintain contact with phone calls, visits by Temple members, flowers for holidays and important events, and for some, with monthly checks to pay for necessities. Various activities by the youth groups and our Sisterhood also lend support throughout the year. It is very important that we let our brothers and sisters in Israel know that we are thinking of them as they try to rebuild their lives.

Other fundraising for Israel will include Israel Bonds, support for *Masorti*, the Conservative movement in Israel, and membership in our sister congregation, *Kehillat Hakrayot*, in Kiryat Bialik.

KOL NIDRE “PAPER BAG” FOOD DRIVE

Each year on Kol Nidre evening members of our congregation bring with them to synagogue paper bags filled with items for Family Table. As one of their social action programs, our teens will collect the food and deliver it to Family Table, the Greater Boston Jewish Food Bank. The “Paper Bag” food drive will take place this year on Sunday evening, October 5th.

On Yom Kippur, we read the inspiring words of Isaiah impelling us to do more than refrain from eating on this holyday.

“Is this the fast that I have chosen? ...a fast that the Lord would accept? This is my chosen fast: ...share your bread with the hungry, take the homeless into your home. Clothe the naked, do not turn away from people in need...”

In fulfillment of this prescription, congregations throughout the country participate in Project Isaiah, an organized effort sponsored by the United Synagogue of Conservative Judaism to support homeless shelters and food pantries on Yom Kippur.

CHILDCARE

Babysitting, under the supervision of the Sisterhood, will be available for children (ages 3–4) each morning during High Holiday services, beginning at 9:45 AM and continuing to 12:30 PM. (This year, our Kindergarten age children are invited to attend their own service run by the Religious School.) Childcare will also be available for Kol Nidre and Neilah. Babysitting is not available for infants and very young children (ages 0–3). The children will enjoy toys and puzzles, games, and a Holiday story. Snacks and juice will be provided. Parents with a child or children ages 3–4 will be asked to volunteer at least one hour over the course of the three days to assist with reading stories, supervising activities, or leading the program/service time. Your assistance will help the child care providers and our children enjoy their High Holiday experience at the Temple.

In order for us to provide for enough babysitters, *you must make reservations in advance*. Please remember that payment cannot be accepted on the Holidays themselves. The registration form is included as a separate page in the mailing with this booklet; please return it promptly with your payment.

YOUTH SERVICES

The High Holiday youth services at Temple Aliyah will begin at 10:30 AM on all three mornings of the Holidays. The students will be grouped according to school grade levels (including, this year, a special service for our kindergarten age children). All children, whether they attend our congregational religious school or one of our local day schools, should join the appropriate age group. Children's services will end at approximately 12:15.

We ask that your family take advantage of these special services. **School age children and teens are invited to join their parents at services in the sanctuary until the Youth and Teen services begin at 10:30.** We ask that you do not bring young children into the main sanctuary during the most crowded times of the services. If you still want to have your child with you in the Sanctuary, we will of course respect your wishes; we ask, however, that you in turn respect the feelings of those praying around you by removing your child promptly should he or she become noisy, fidgety, or fussy. This will help maintain decorum and the Congregation's focus on the liturgy. **Parents are encouraged to bring their children into services with them after youth services conclude shortly after noon.**

Also, in order to maintain overall decorum throughout the building, we ask that you take responsibility to assure that your children are either in their assigned programs or with you in the main Sanctuary. **Please do not let your kids wander around the building or loiter in the lobby or outside.** Please note that sometimes older children—with the best of intentions—often interfere by offering to help in the classrooms with babysitting. Unfortunately, this too often disrupts the classroom activities planned by our paid sitters. Your cooperation—and that of your children—in these matters will greatly improve the overall High Holiday atmosphere at the Temple. We will have extra ushers in the halls to help direct the children to their appropriate locations.

DAVENING AND THE MAHZOR: A BRIEF USER'S GUIDE

- **Relax.* Don't worry about keeping up with the pages. If you find a prayer that reaches out to you, dwell on it. Don't rush.
- **Try not to talk to anyone around you.* Not just for reasons of decorum, but because prayer is essentially a question of mood.
- **Don't worry what others around you are doing.* Just because the person in front of you sits down when he has finished the *Amidah* quickly doesn't mean that you have to.
- **Come early and prepare to stay.* A brief visit to shul will leave you cold. A longer stay helps you get into the spirit of the day. You have the whole upcoming year outside the synagogue to accomplish your year's goals; use a few extra minutes or hours in the synagogue to help you prioritize those goals and put them in perspective.
- **Relax again.* Take a deep breath. Remove all the chips from your shoulders, whether against God or people, the Synagogue, the Torah, whatever. Clear your head, then listen to the prayers.
- **Don't take your pulse.* Don't worry if you are "enjoying" the services, if you are being inspired, moved, or stimulated. Let the words, the melodies, the mood, your own mind take hold of you. Forget yourself, lose yourself in the davening.
- **Put your whole self into the davening.* Get into it. God loves you, and He wants to hear from you. Speak to Him when you daven, pour your heart out to Him. And listen for Him.
- **Listening is important.* Don't just read your Mahzor, *listen* to it. The prayers inside were written by religious geniuses. When you pray you are really listening to a magnificent religious symphony.
- **Praying is a privilege.* Look at it as such. You will be participating before you know it, in a mystical colloquy of God, humanity, and the Jewish people, past, present, and future.

Adapted from *How to Succeed in Shul on the High Holidays by Really Trying: A Guide for Newcomers to Davening*, by Rabbi Emanuel Feldman of Congregation Beth Jacob in Atlanta

COMMON COURTESIES

Because of the solemnity of the High Holidays and the large number of people in the Temple, we would like to remind you of the following:

- * Please refrain from talking in the foyer. This noise carries into the Sanctuary.
- * We understand that you wish to sit with your family and friends, but in consideration of those who are looking for places, we ask that you not save seats for extended periods of time, and that you save no more than three seats.
- * Please follow the instructions of the ushers when to wait and when to enter the Sanctuary.
- * Please refrain from conversation while in the Sanctuary.
- * Because seating is at a premium in the Sanctuary in the mornings between 10:00 and noon, and also to avoid distractions, we ask that you not bring your young children into the Sanctuary at those times. We have provided programs for children from ages three through eighteen years old.
- * When the Sanctuary is crowded, the ushers will have a sense of where there are empty seats. Follow their directions. In particular, please don't shy away from seats at the front of the Sanctuary.
- * We realize that you need to enter and leave for child arrangements and other reasons, but please keep this to a bare minimum, and do so quickly and quietly.
- * Because seating is tight and the aisles are narrow, strollers cannot be permitted in the Sanctuary at any time.
- * Please leave your seat in the appropriate condition. Return your Tallit to the ushers when you leave; leave your Mahzor on your seat facing up; and do not leave kippot, pledge cards, or papers on your seat.
- * Remember that Temple Aliyah is a smoke-free facility. Please respect the *Yom Tov* by not smoking anywhere on Temple grounds.

What are we?

Without our consent we are born, and without our consent we live, and without our consent we die, and without our consent we will have to give an account and a reckoning before the King above the king of kings, the Holy One, blessed be He.

Sayings of the Fathers

TORAH AND HAFTARAH READERS AND PRAYER LEADERS

The Temple thanks in advance all those who have prepared in advance to participate in the High Holiday services. *May the Lord bestow His blessings upon all those who faithfully devote themselves to the needs of the community and prosper the work of their hands.*

Mincha

Erev Rosh Hashanah.....	Alex Newman
Rosh Hashanah.....	Barry Leftin
Erev Yom Kippur.....	Noah Carp
Yom Kippur.....	Jeff Liberman

Pesukei de-Zimrah

Rosh Hashanah, first day	Arnee Winshall
Rosh Hashanah, second day	Gary Glazer
Yom Kippur.....	Don Frankel

Shaharit

Rosh Hashanah, first day	Neil Ram
Rosh Hashanah, second day	Gil Brodsky
Yom Kippur.....	Anne Glanz

Morning Prayer Leaders

Rosh Hashanah, first day	Nancy Rashap
Rosh Hashanah, second day	Sandy Swartz
Yom Kippur.....	Judy Richman

Torah readers

Rosh Hashanah, first day	1. David Levy
.....	2. Rick Curtis
.....	3. Pam Glass
.....	4. Nancy Finn
.....	5. Naomi Litrownik
.....	6. Arnie Harris
.....	7. *
.....	M. Howard Furman
Rosh Hashanah Mincha.....	1. Alan Pullman
.....	2. *
.....	3. Jen Lipman
Rosh Hashanah, second day	1. Richard Shemin
.....	2. Naomi Levy
.....	3. Elliot Weinstein
.....	4. Sam Gruenbaum
.....	5. Julie Berger
.....	M. *

Yom Kippur, Shaharit.....	1. Barry Charton
.....	2. *
.....	3. Joy Field
.....	4. *
.....	5. Peter Krupp
.....	6. Ethan Fener
.....	M. Marty Sklar
Yom Kippur, Mincha	1. Jane Brown
.....	2. Andy Merkin
.....	3. Bob Freeman

Haftarot

Rosh Hashanah, first day	Larry Cohen
Rosh Hashanah, second day	Glenn Levine
Yom Kippur, Shaharit.....	Judy Pike
Yom Kippur, Mincha	Clif Saper

Baalei Tekiah

Torah service	Harvey Tabachnick
Musaf.....	Bob Brenner
.....	Richard Shemin
.....	Richard Kesner

* Not assigned as of the time of printing of this booklet

On these holy days, each one of us should try to reach in three directions—inside, outside, and upwards.

Inside—to discover who we really are

Outside—towards other people.

Upwards—towards God.

And the miracle is that whenever we reach in any one of these directions, we make contact with all three.

UNETANEH TOKEF

When we really begin a New Year it is decided,
And when we actually repent it is determined:

*Who shall be truly alive
And who shall merely exist;*

Who shall be happy,
And who shall be miserable.

*Who shall attain fulfillment in their days
And who shall not attain fulfillment in their days;*

Who shall be tormented by the fire of ambition,
And who shall be overcome by the waters of failure;

*Who shall be pierced by the sharp sword of envy,
And who shall be torn by the wild beast of resentment;*

Who shall hunger for companionship,
And who shall thirst for approval;

*Who shall be shattered by the earthquake of social change,
And who shall be plagued by the pressures of conformity;*

Who shall be strangled by insecurity,
And who shall be stoned into submission;

*Who shall be content with their lots,
And who shall wander in search of satisfaction;*

Who shall be serene
And who shall be distraught;

*Who shall be at ease,
And who shall be afflicted with anxiety;*

Who shall be poor in their own eyes,
And who shall be rich in tranquility;

*Who shall be brought low with futility,
And who shall be exalted through achievement.*

But repentance, prayer and good deeds
Have the power to change the character of our lives.

*Let us resolve to repent, to pray, and to do good deeds
So that we may begin a truly new year.*

HIGH HOLIDAY GREETINGS

Rabbi Carl M. Perkins, Elana Kling Perkins, Leora and Jeremy
Cantor Harry and Phyllis Gelman and Family

Alison Adler

Julie, Paul, Zachary and Emily Agranat

Lee, Abby and Madeleine and Jackie Alford

Sandra and Jack Alpert and Family

Sara, Stuart, Jennifer and Evan Altman

Matthew, Judi, Jamie and Melissa Appelstein

Gerri and Ed Aron and Family

Amy, Leonard, Joshua and Alexander Bard

The Bearak Family: Arnie, Adena and Jordan

Bruce, Julie, Michael and Sam Berger

Marvin, Sharon, Emily and Bram Berkowitz

Shereen, Bob, Salom, Savannah and Zoe J. Berlin

Merle, Neil, Loren, Talia and Nicky Berman

Stuart, Lydia, Mathew and Simone Bernstein

Fred and Ellen Borgenicht, Sarita, Raquel and Michael

Ann and Harvey Bornstein

Amalia and Joseph Bornstein and Family

Marilyn and Michael Brier and Family

Mara, Marius, Jessica and Alissa Brill

Gil and Margie, Joshua, Jeffrey and Adam Brodsky

Elaine and Bernie Brooks and Family

Esta-Jean and Paul Cahn and Family

Barry Charton, Susan Charton, David and Doug

Charlotte Chase and Family

Barbara and Joel Cherande and Family

Arnie, Dotti, David and Mandy Cohen

Carol Gray Cole and Karyn and Peter Hynd

Marcy, Richard, Arielle and Nicole Curtis

Murray and Myrna Davidson and Family

Barry, Barbara, Joshua, Steven and Amy Davis

Mel and Glenys Davis and Family

The Dorfman Family

Sheryl, Harold, Marissa and Matthew Dubin

Patricia and Joel Dunskey and Family

Nancy Richter, Kevin, Lauren and Sam Dushay

Marvin and Marilyn Eichner, Tara, Eric and Matthew

Ronni, Amos, Lee, Shari and Jonathan Eisenberg

The Englander Family

Barbara Feldman and Family

Gary, Sharon, Gena and Harris Feldman

Peter and Nancy Finn and Family

Barbara and Jack Fishbon and Family
Carol and Bob Flashner and Family
Eileen and Bernard Ford and Family
Donald, Sheila, Aaron and Amy Frankel
John and Laura Frankenthaler
Rhonda, Ron, Ariel, Rachel and Zachary Fried
Jacquelyn, Howie, Shira, Danielle and Micaela Furman
Murray, Charlotte, Alicia, Michelle, Beth, and Amanda Galper
John, Barbara, Andrew and David Ganick
David, Ellen, Emily and Erica Gannett
Saul, Dvora, Keren, Yossi and Matan Garlick
Anne, Michael, Rebecca, Joanna, Rachel and Benjamin Glanz
Pam, David, Josh and Tamara Glass
Gary, Sue, Ian and Celina Glazer
Bonnie and Franklin Gold, Michaela and Jordan
Allen Goldberg and Caryn and Liora Goldberg
Donald and Leah Golden and Family
Nancy Golden and Family
Milton, Andrea, Rebecca and Lauren Goodman
Gail Gordon, Danielle and Josh Pactovis, Julie and Sam Katz
Beth, Danielle and Jaclyn Gordon
Rochelle and Ken Gordon and Family
David, Linda, Rachel and Sara Gotthelf
Rosalind and Mervin Gray
Lois Green and Family
Helene, Harvey, Ada and Beth Greenberg
Claudia, Alan, Brian, Michael and Stephanie Greenfield
The Gruenbaum Family
Norman, Randy, Nathan, Bobby and Miriam Hammer
Betsy, David, Jason and Alex Harris
Scott, Leslie, Jason and Brendan Hefter
Lisa, Michael, Caila and Hilary Heyison
Cindy, Jack, Daniel, Eric and Julie Jackson
Joyce, Bill, Meredith and Benjamin Jacobson
Robin, Jerry, Emily, Benjamin and Aaron Jaeger
Aviva Jezer, Marc Bloostein, Arielle, Eitan and Aliza
Susan, Bob, Joshua and Zachary Kalish
William and Susan Kams and Family
Jeffrey and Raelin Kantor, Aliza, Arielle and Alexander
Esther Weisman Kattf, Josh and Emily
Vicki, Jeffrey, Alyssa and Jordan Kaufman
Freddie Kay, Tom Green, Sammy and Taylor Kay-Green
Susan, Richard, Henry and Samuel Kesner
Phyllis and Larry Kimmelman and Family
Amy and Larry Knopf, Sam, Lexi and Theo
Susan and Charles Kohn, Karen, Deborah and Wendy

Marcy, Ken, Rachel, Kayla and Ari Kornreich
Fred and Carol Kotler and Family
Jim and Debbie Krasnow and Family
Bob and Molli Krausz
Mona, Jackie and Michelle Krozy
Shelley, Neil, Tracey, Aaron and Julie Krug
Vicki, Peter, Aaron, Ben and Joanna Krupp
Geoff, Debbie, Sarah and Evan Kurinsky
Judy Steinberg and David Laks, Ali, Jordana and Jonathan
Don, Amy, Rebecca and Adam Lassman
Judy and Joel Lebow and Family
Fred, Tamara, Miriam and Johanna Ledley
Barry, Gail, Josh, Kenny and Matthew Leftin
Beverly, Jerry, Scott, Jeffrey, Michelle and Sarah Levenson
Vivian and Herb Levin and Family
Glenn, Alisa, Rozzi and Avi Levine
Marla, Scott, Bram, Lindsey and Carly Levinson
Cynthia Levitt and Kenny
Susan, David, Joshua, Benjamin and Alanna Levy
Wallace and Naomi Levy
Nancy, Mark, Harrison, Ross and Caroline Liftman
Barry and Ilene Liner and Family
Carol, David, Michael and Nathan Lintz
Beverly and Roger Litman and Family
Naomi, Rob, Michael and Daniel Litrownik
Leslie and Lee Lloyd
Carol, Mitchell, Melissa and Andrew Macey
Arna, Alan and Riva Margolies
Margie and Jerry Margolis and Family
Marilyn and Saul Mendelson and Family
Andy, Gail, Sara, Nicole and Danielle Merken
Jane, Jonathan, Ben and Cameron Migdol
Judy Pike and Richard Miller, Hannah and Liza
Susan and Scott Millman, Loryssa and Aaron
Jim and Eileen Morse and Family
Ellen and David Moskowitz, Eric and Scott
Beth, Michael, Vikki, Marissa and Jeremy Moskowitz
Debbie and Jack Mozes and Family
Les, Sandy, Josh and Becky Nanberg
Howard and Leslie Needleman
Andy, Adele, Adam and Amy Newman
Philip, Barbara, David, Michael and Benjamin Newman
Pamela Furey and Barry Okun, Alanna, Moriah and Matthew
Evie Weinstein-Park, Dan Weinstein and Family
Barbara, Andrew, Sarah, Lauren and Jaime Pearlstein
Mrs. Rhoda Pinta and Family

Gordon, Diane, Harlan and Ben Piper
Edith and Martin Piper
Skip, Leslie, Devon and Lindsay Portney
Alan, Sheila, Noah and Jordan Pransky
Anne, Steven, Laura and Sara Puchkoff
Jane, Gerald, Daniel, Jennifer and Shara Rabinovitz
Nancy and Bunny Rashap, Erica and Scott
Carter, Lesli and Mara Reich
Lori, Herb, Rachel, Jessica and Evan Resnick
Robin, Bruce, Aaron and Rebecca Revzin
Judy, Alan, Benjamin and Lauren Richman
Elaine, Sandra and Mark Richman
Nancy, Scott, Jeffrey and Erica Richmond
Barbara, Jim, Jaclyn and Ryan Rosen
Howard, Lori, Daniel, Andrew and Jeremy Rosenblum
Gerry, Miriam, Deborah and Joshua Rovner
Terri Swartz Russell and Family
Judy, Neil, Debby, Andy and Gila Sacks
Dr. and Mrs. Leonard E. Safon
Paula, Rebecca and Julie Saltman
Warren, Lynne, Andrea and Jonathan Salzman
Clif, Barb, Becky, Leah and Sean Saper
Linda Savenor and Family
Lisa, Richard, Melissa and Jonathan Schoeller
The Schwartz-Katsh Family
Debbie and Peter Seresky, Todd, Margo and Robyn
Harvey, Leslie, David and Eric Shaff
Mr. and Mrs. Alvin Shapiro and Family
Marsha, Carl, Jordie and Dan Shapiro
Michael, Nancy, Deborah and Mark Shear
Robin and Steven Shecter, Hilary, David and Allison
Dr. and Mrs. Richard Shemin, Stephanie, Michael and Michelle
Lois, Dave, Deborah and Ruth Sherman
Gerald Sherman and Ellen Pulda, Lily and Eliza
Ellen, Peter, Alexandra and Gillian Sherman
Bonnie, Herb, Lee and Meredith Shuer
Paula, and Marvin Silberberg and Family
Susan, Joseph, Deborah, Daniel and Jonathan Silverman
Irwin, Nina, Ilana and Julie Silverstein
Janet Oxman, Rick, Jessica and David Simon
Karen, Steven, Lara and Jaclyn Sisselman
Janis, Martin, Jennifer and Adam Sklar
Irma and Fred Slavitter and Family
Susan and Barry Slosberg, Rebecca, Noah, Matthew and Taylor
Fred, Joan, Hallie and Sarah Smith
Barbara and Stuart Smith and Families

Mark, Jeri, Billy and Rachel Smoller
Dale Sokoloff, Larry Masur, Sam and Noah
Carol, Brian, Lenny and Jonathan Sosner
Seth, Elaine, Paul, Rachel and Debbie Stadfeld
Phil and Larry Stein
Rebecca Kotkin, Don Steinberg, Deborah, Leah and Ted
Marilyn, Melissa, Matthew, Yulia and Caroline Stern
Marilyn and Sid Sternick and Family
Marvin and Marilyn Stick and Family
Jane Brown, Richard Stone, Harry, Rebecca, Sarah and Benjamin
Peter and Saralea Strock, Richard and Janice Strock, Rebecca Strock Latimore,
Don Latimore, Madeline and Claire
Jack, Sandy and Tyler Swartz
Dr. and Mrs. James Swartz, Rob and Rachel
Amy, Barry, Julie and Lauren Sylvetsky
Judi, Harvey, Elyce, Michael and David Tabachnick
Marilyn and Richie Tannenbaum and Family
Dr. and Mrs. Daniel Teres and Family
Jodi, Heydon, Erica, Amanda and Michaela
Judi Tuck and Family
Judith and Dan Varon and Family
Susan Maxwell, Ron Waife, Emily and Madeline Waife
Sumner Waldman and Family
Judy and Marc Weinberg
Sherrie, Bruce, Lindsey and Ashley Weinstein
Elliot Weinstein, Adrienne Tubin, Zachary and Danielle Weinstein
Steven, Sydna, Michael and Jaclyn Weinstein
Bess, Andy and Michael Weiskopf
Susan, Marc, Douglas and David Wexler
Jeff, Ellen and Elyse Winer
Dr. Jeffrey Wisch and Cynthia Crofts-Wisch, Eric and Alex
Jonathan, Michele, Rachel and Matthew Wolfman
Dr. and Mrs. Richard Wulf and Family
... and all of our new Temple members

SUKKOT PLANNING

Sukkot begins, this year as every year, just 4 days after Yom Kippur. Let us here at Temple Aliyah help you plan so your family won't be caught unaware!

Here's how:

Purchase a lulav and etrog for Sukkot!

Assemble your own at our "Make a Lulav Shake" program on Thursday, October 9 from 6:30–7:30 PM or order a pre-assembled set.

Decide this is the year to purchase and put up your own Sukkah for Sukkot!

There are many easy to assemble sukkah kits available locally or over the web (Call or e-mail Terri Swartz Russell for more information, check out ads online or in the Jewish Advocate or Moment magazine, or visit the Israel Book Shop in Brookline.)

Please do let us know if you are putting up a sukkah this year.

Each year we publicize a list of all those who have a sukkah at home. If you put up a sukkah be sure your name will be included in our list of "Sukkah Builders 5764". Call the office and leave a message for Terri or e-mail Terri at terri@templealiyah.com.

Plan now to attend Sukkot services on Saturday and Sunday, October 11 & 12.

THE "TOP TEN" LIST:

Why you should consider building a sukkah this year

10. Your doctor has been telling you that you should get out more.
9. You always wanted a tree house, and this is the next best thing.
8. What else would you do with a gourd?
7. Your trees need some pruning.
6. You always wanted to build an addition to your house.
5. You can have guests for dinner, and not worry about cleaning your house.
4. An easy to build kit can be delivered to your house.
3. Temple Aliyah has Sukkah building mentors to assist you.
2. You can see the stars from your dining room table.
1. It's a *mitzvah*!!

ACKNOWLEDGMENTS

Special thanks to...

Richard Schoeller
Ritual Committee Chair

David Lintz
Vice President for Jewish Life

Bruce Berns
Vice President, Jewish Education

Harvey Bornstein
Head Usher

Andy Newman and Neil Sacks
Usher Coordinators

David Eisenberg, and Amos and Ronni Eisenberg
Israel Appeal Coordinators

Marilyn Tannenbaum
Printing of booklets and the High Holiday tickets and Appeal cards

Judy Pike, Penny Gordon and the Sisterhood
Refreshments and *kiddushim*

Anne Glanz and Janet Grable
Child Care Coordinators

Harvey Tabachnick
Coordinator of Baalei Tekiah

Jan Zidle
for all of her help in and out of the Temple office

Dr. Beverly Schwartz-Katsh, Terri Swartz Russell, and Alison Adler
Leadership and programming for children's, teens', and family
services

Cantor Gelman
for his untiring help and encouragement to all those participating in
our High Holiday services

Rabbi Perkins
for his contributions to this booklet and for his continued spiritual
guidance and leadership

...and to all of the many unnamed people who helped those listed above, in both big and small ways. To those whose names we omitted because of printing deadlines or inadvertently we apologize and also give our thanks.

Lesli Reich, President

**ובשוֹפֵר גָדוֹל יִתְקַע, וְקוֹל רִמְמִיָּה דַקָּה יִשְׁמָע:
וּמַלְאָכִים יִחַפְזוּן, וְחֵיל וְרַעְרָה יֵאֲחַזְזוּן:
וַיֹּאמְרוּ. הֲנֵה יוֹם הַדִּין:**

*The great shofar is sounded, and a still, small voice is heard.
The angels in heaven are alarmed, and they are seized with fear and trembling,
As they declare, "The DAY OF JUDGMENT is here!"*

**בְּרֹאשׁ הַשָּׁנָה יִכְתְּבוּן, וּבְיוֹם צוּם בְּפוּר יִחַתְמוּן:
וּתְשׁוּבָה וּתְפִלָּה וְצַדִּיקָה
מֵעַבִּירֵיךָ אֵת רַע הַגְּזֵרָה:**

*On Rosh Hashanah it is written, On Yom Kippur it is sealed...
But REPENTANCE, PRAYER, and RIGHTEOUSNESS
Avert the severe decree.*