



TEMPLE ALIYAH

CREATING COMMUNITY • CELEBRATING TRADITION

2023-2024/5784

Adult Learning and Spiritual Practice Opportunities



Leslie Gordon, Rabbi-in-Residence
Jamie Gloth, Cantor
Carl M. Perkins, Rabbi Emeritus
Melissa Rudman, Executive Director
Aviva Jezer, President

www.templealiyah.com



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For the most up-to-date information on Temple Aliyah's learning and spiritual practice opportunities, please see our Coming Up newsletter and visit our website: www.templealiyah.com/Learning/Adult_Education



Kehillah Kedusha – Sacred Community

As we begin the year 5784, we are looking forward to offering a rich array of Adult Ed programs. As we enter a second transition year, with Rabbi Leslie Gordon and Cantor Jamie Gloth at the helm, educational opportunities, along with spiritual and social experiences, allow us to come together as a strong community.

Some of our educational offerings will continue on Zoom; however, we will be expanding our in-person-only offerings as Temple Aliyah has been moving toward a return to the building to optimize our sense of community. Kiddush Conversations will be in-person as well as Livestreamed.

We will continue to offer monthly Kiddush Conversations to hear from our current and former Temple members about their personal life experiences and challenges. Rabbi Donald Splansky will continue to lead Torah on Two Feet on Shabbat mornings on a monthly basis. Rabbi Leslie Gordon will teach classes in both the Fall and Winter/Spring. Rabbi Perkins will continue to lead *Daf Yomi* on a weekly basis. Cantor Jamie Gloth will teach a Fall and Spring class. We will also bring you speakers from both outside the Temple as well as Temple members to present a variety of stimulating topics. We look forward to any feedback you wish to offer. Please check ComingUp@Aliyah and The Sunday Scoop for any program updates on dates, times, and venue.

I wish to thank the committee chairs, whose programs appear in this booklet. I also wish to extend a special thanks to Rabbi Leslie Gordon, Cantor Jamie Gloth, Rabbi Carl Perkins, Joan Perlman (Director of Congregational Learning and Engagement), Co-VPs of Education – Miriam Weshler and Dan Winograd, and the Adult Ed Committee (Ellen Moskowitz, Heidi Schwartz and Jessica Weiss), who helped compile and edit the many programs listed in this year's Adult Learning and Spiritual Practice Opportunities booklet.

Please feel free to browse this catalogue for educational and spiritual opportunities and attend a program or two, or many more.

Best wishes for a happy, healthy and sweet 5784!

B'Shalom,
Lori Resnick, Adult Education Committee Chair

HIGH HOLIDAYS

A High Holiday Meditation Service

Second Day of Rosh Hashanah, Sunday, September 17 / 8:15 to 9 am

Naomi Litrownik, LICSW

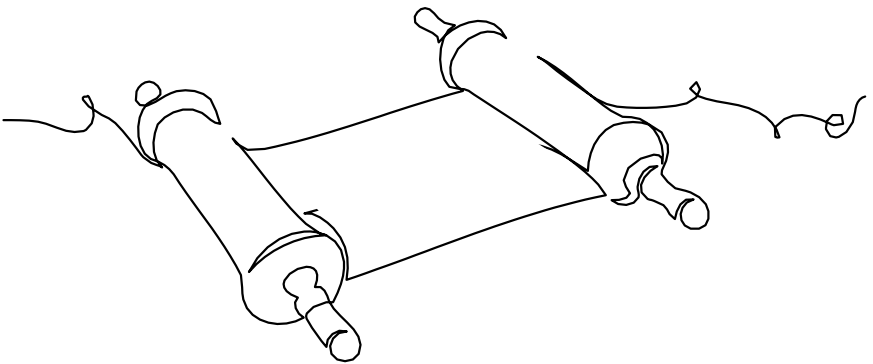
Start the second day of Rosh Hashanah with a Meditation Service led by Naomi Litrownik. This service gives you an alternative means of connecting spiritually with the themes of the High Holidays. The service is similar to the monthly Shabbatmorning meditation group. All are welcome, no prior experience necessary! This program will be offered both in-person and through Zoom. If you have any questions or need more information, please check Coming Up for Zoom link.

From the Belly of the Fish: Jonah's Prayer

Yom Kippur, Monday, September 25 / 3:45 to 4:45 pm

David Bernat, PhD

The Book of Jonah is traditionally read on Yom Kippur afternoon. Its second chapter is composed of a Psalm-like prayer, likely an originally independent composition that was placed in the mouth of the Prophet as a plea for deliverance after he is swallowed by a huge fish. For our study session, we will take a close look at this beautifully dramatic poem.



SHABBAT LEARNING AND SPIRITUAL PRACTICE OPPORTUNITIES

Shabbat Meditation

Shabbatot: October 7, November 4, December 2, January 6, February 3, March 2, April 6, May 4, June 1 / 9 :15 to 10 am

Naomi Litrownik, LICSW

Envision spending an hour during Shabbat morning on a spiritual journey that includes brief silent meditation, chanting, Torah reflection, and discussion about what really matters in our lives. Allow yourself to be fully present at this sacred time, *Hineni*. Let yourself take this journey monthly at Shabbat Meditation. Newcomers are warmly welcome to this well-established group that has been meeting for over 15 years! This program will be offered both in-person and through Zoom. Please check ComingUp@Aliyah for Zoom link.

Torah on Two Feet

Shabbatot: October 14, November 11, December 16, January 13, February 10, March 9, April 13, May 11, June 22 / 9 to 10 am

Rabbi Donald Splansky

Harvey Shapiro (January session)

David Bernat (February session)

Dig deep into the weekly Torah portion and enhance your Shabbat morning experience. Join us as we explore the weekly Torah reading from literary, spiritual, and psychological perspectives. We will sometimes resolve apparent problems with the text by applying the time-honored hypothesis of multiple authorships. And sometimes we will look at interesting commentaries or midrashim to shed light on difficult passages. We meet one Shabbat morning per month, finishing our study in time to join the Torah service in the main sanctuary. No Hebrew required. Come for any or all sessions.

POST KIDDUSH

Kiddush Conversations

Shabbatot: September 30, October 28, November 18, December 9, February 3, March 16, April 6, May 4, and June 8 / After Kiddush, following Shabbat services; Led by members of Temple Aliyah.

Our congregation is filled with fascinating people with interesting stories to share. At Kiddush Conversations, Temple Aliyah members draw upon their areas of expertise, life experiences, or interests to lead a Conversation. These Conversations provide us with opportunities to learn from and about each other in a relaxed environment. Enhance your enjoyment of Shabbat by joining the Conversation!

Details of each Kiddush Conversation follow:

Shabbat, September 30

Joan Perlman, Director of Congregational Learning and Engagement, Presenter

Exploring the Importance of Community in Jewish Life

The concept of a *Kehillah Kedoshah*, sacred community, is at the cornerstone of Judaism. As written by Rabbi Jonathan Sacks, a past Chief Rabbi in the United Kingdom, in his book, *Community of Faith*, “Jewish faith is learned and taught, lived, and experienced in community...”

Join Joan Perlman, our new Director of Congregational Learning and Engagement, as she explores the meaning and importance of community in Jewish life and how we can create a sacred space for our children and our adults. Explore and discuss the concept of community as it is framed in the Torah and discover how those early texts serve as a blueprint for community both then and now.

Shabbat, October 28

Nancy Finn, Presenter

A Patient’s Guide to Managing Health Care with Technology

e-Patients Live Longer: Managing Healthcare Using Technology, published by Dorrance Publishing Company, is a book for all healthcare consumers to assist in securing the best possible care, using new innovative digital devices that sit right in your pocket. The book explores in easy-to-read terms how these devices, including smartphone apps; patient portals that enable you to send and receive messages, review your labs and set up appointments with your providers; wearables that sense and track your vitals; telehealth that enables easy virtual communication when distance and time are factors; and the Internet where you go for health information all enable you to become an empowered, engaged patient. Interviews with experts, patient stories, and hard data make this book an invaluable resource. Nancy will describe in detail how this book evolved and present some of the key points that enable you to harness the power of technology to become empowered and educated so that you, too, can manage and monitor your health issues for better outcomes.



Shabbat, November 18

Dan Winograd, Presenter

Two Hundred Years of Israel's History through One Family's Experiences

Dan's father's family has lived in Israel since the early 1800s. Two of Dan's great-uncles - one of his grandfather's brothers and one of his grandmother's brothers - each compiled a history of their families, the Winograds and the Makovkys. Some of Dan's grandfather's family came to Israel in 1832 and one side of his grandmother's family has been there even longer. They lived through the rule of the Ottoman Empire, the British Mandate, and the development of modern Israel, including the growth of Jerusalem and Tel Aviv, the Arab revolt of 1921, the 1948 War of Independence, the Six Day War, and the Yom Kippur War. In this Kiddush conversation, Dan will share some of the history and changes that have occurred in Israel from the perspective of his family's experiences.

Shabbat, December 9

Cantor Linda Sue Sohn, Presenter

Biking Through History, Following the Underground Railroad

Join Cantor Linda Sue Sohn and Team Greta (her bike and all its gadgets) as she shares memories of her adventure-of-a-lifetime on the WomanTours Underground Railroad Bike Tour. Riding almost 1500 miles with 28 other women from Fulton, MS to Niagara-on-the-Lake, Ontario, Canada pushed her to new levels of endurance and friendship. She came away learning that anything is possible with the right attitude, good preparation, excellent food to fuel the daily rides, a mind open to willingly face new challenges, and how easy it is to start a conversation with just about anyone when you roll up on a bicycle.

Shabbat, February 3

Amy Lassman, Presenter

Connecting Art with Judaism: One Tallit at a Time

Come join Amy Lassman in this Kiddush Conversation as she explores how art and Judaism come together through the creation of a tallit. Amy will relate how she embarked on this venture and will describe her process, stitching together the individual's personality and aesthetic with their favorite text, prayer or Torah portion to create a unique piece of wearable Judaic art.

Amy will share stories of families and individuals of all ages as they discover how the design of their tallit can deepen their connection to their families, to Judaism and the world around them. Please join us for this colorful discussion and check out some of her beautiful creations.

Shabbat, March 16

Ed Stein, Presenter

Surviving the Holocaust – My Parents’ Experiences

There are relatively few survivors still living and able to add their important stories to our people’s collective history of the Holocaust. It is becoming the duty of the second generation to preserve their family stories. Ed’s father, Herbert Stein, was born in Berlin in 1926 during the time of the Weimar Republic. His family saw the end of the Republic and the ensuing rise of anti-Semitism under the Nazi regime. Herbert and his parents emigrated to Budapest in June 1942, and the narrative grows even darker. Ed’s mother, Ágota Schwartz, was born in Kiszvárd, Hungary in 1926. Deportation with her parents and other relatives to the Kiszvárd Ghetto in April 1944 was the beginning of her nightmarish story. Deported to Auschwitz, and later to Stutthof, she survived one of the infamous Death Marches in 1945. Both of his parents were liberated by the Soviet Army. They met after the war in a *hachshara kibbutz in Budapest*. They made their way to the Eschwege DP Camp in the American-occupied zone in Germany, where Ed was born in early 1947. The family journeyed to America in December 1947 aboard the SS Marine Flasher, and in 1952 became citizens.

Shabbat, April 6

Rob Geggel, MD, Presenter

Healing Hearts in Ecuador

Rob Geggel joined the Por Cristo medical team in 2000 and has since been travelling yearly with the team to Ecuador, providing cardiac treatment for children with congenital heart disease. In this Kiddush Conversation Rob will share stories of his interactions with patients, their families, and medical staff at the Baca Ortiz Hospital in Quito, the principle pediatric tertiary care hospital for Ecuador. High school student translators from the Albert Einstein Jewish Day School in Quito gain experience in medical care and assist the team with translation. Rob will also reflect on the Jewish community in Quito, where he often attends Friday night services during his stay.



Shabbat, May 4

Judges Peter Krupp and Gordon Piper, Presenters

Tzedek, Tzedek, Tirdof: A View from the Bench

Peter Krupp is a judge on the Massachusetts Superior Court, presiding in one of the two Business Litigation Sessions in Boston. Gordon Piper is the Land Court's Chief Justice. Together they have over 30 years of judicial experience. In this Kiddush Conversation, Judges Peter Krupp and Gordon Piper will discuss "hot button" legal issues and will answer your questions about the ins and outs of the judicial system. Come learn everything you always wanted to know and more about how the legal system in Massachusetts works.

Shabbat, June 8

Dawn Ringel, Presenter

The Marriage of Music and Judaism: One Woman's Journey

For many congregants, Judaism is the food that nourishes the soul. But there are many flavors of Judaism besides challah and knishes! Dawn Ringel's life so far has been a satisfying musical feast—fueling her Jewish learning, community relationships, family interactions, and personal growth. So many events—happy and sad—are meaningful because of their musical connections. Join Dawn as she explores them, and share your own experiences. This will be a celebration of the joy that music brings to life and a chance to sing, too.



FULL YEAR LEARNING OPPORTUNITIES

(Starting in September and extending into June)

A Taste of Daf Yomi – The Daily Study of a Page of Talmud

Monday mornings beginning October 16 / 8 to 9 am (Zoom only)

(Check ComingUp@Aliyah for specific dates)

Rabbi Carl M. Perkins, Rabbi Emeritus

Daf Yomi, Hebrew for “page of the day,” refers to a daily regimen in which each of the 2,711 pages of Talmud is studied in numerical order. Beginning in January 2020, Rabbi Perkins began studying a page of Talmud each day and joined hundreds of thousands of other scholars who do the same. Following a prescribed schedule, participants are able to complete the entire Talmud in seven years. Join with Rabbi Perkins and fellow congregants to study and discuss a highlight from one of the previous week’s *Daf Yomi* pages. Relevant reading materials will be provided and no advanced preparation is required.

Temple-wide Book Group (Open to all)

Sunday evenings, October 29, December 17 (check Coming Up for additional dates) / 7 to 9 pm

Everyone is welcome to join the new Temple-wide book group (formerly Sisterhood Book Club). Books will primarily be written by Jewish or Israeli authors or on relevant Jewish topics and will be selected by the members. Anyone interested can have the option to lead a discussion. The group will meet 4-5 times per year and books will be announced in advance. Come to share your thoughts, catch up with friends or meet new people. Advance sign up is not required. Feel free to join any or all of the discussions. Contact Aliza Cooperman (aliza_cooperman@yahoo.com) or Joey Regen (joeyregen@gmail.com) for more information.

Sunday October 29, 2023 7 pm - *Search: A Novel* by Michelle Huneven

Books will be announced well in advance of each discussion in ComingUp@Aliyah



Rosh Chodesh Women's Study Group

Mondays, September 11, October 2, November 6, December 4, January 8, February 5, March 4, April 1, May 13, and June 3 / 7:15 to 9 pm

Led by Members of the Study Group

The Rosh Chodesh Women's Study Group, sponsored by Temple Aliyah's Sisterhood/ Women of Temple Aliyah, meets once a month on Monday evenings 7:15 – 9 pm by Zoom. This year our discussions will be based on the book *Reading the Women of the Bible: A New Interpretation of their Stories* by Tikva Frymer-Kensky, which is available from the library, or to purchase from bookstores or Amazon.com.

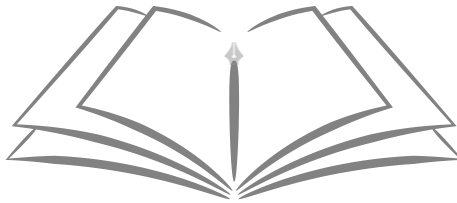
We will learn more about the familiar women of Tanach and also encounter some lesser known women and examine their stories in light of modern hypotheses and traditional beliefs. Our discussions are always lively and respectful and we welcome new members to the group. We take turns leading the discussion, but there is no requirement to lead a session. For more information or to be added to our email list, contact Meda Turetsky: mturetsky@yahoo.com or Michele Koppelman: pieceful@gmail.com

Adult Haftorah Trope Class

Thursday evenings, beginning October 19, 7:45-8:45 pm

Cantor Jamie Gloth

For those who wish to learn how to chant haftarah. No experience necessary, but the ability to read Hebrew is required.



— FIRST SESSION—
FALL AND EARLY WINTER PROGRAMS

Engaging Palestinian and Israeli Women in Municipal Elections in Israel

Sunday, October 15 / 2 to 3:30 pm

Lydia Woolley, Abraham Initiatives

Two years after the devastating violence of May 2021, mixed cities in Israel, communities with significant populations of both Jewish and Palestinian citizens, are still dealing with the fallout. The lasting tension in mixed cities provides a unique challenge to shared living, but also a unique opportunity: nowhere else in Israel is the need for partnership more urgent, for Jewish and Palestinian citizens alike. The October 2023 municipal elections could spark the advancement of shared society, and The Abraham Initiatives is working hard to harness this potential. This year, The Abraham Initiatives recruited and trained Palestinian and Jewish women to run for local office in an effort to promote shared society, build a generation of community leaders, and encourage gender parity in politics. Join us as we sit with Lydia Woolley, the North American Program Director at The Abraham Initiatives, to discuss the lead-up to the municipal elections and their wide-ranging implications.

Co-sponsored by Keshet

**Two Session Mini Course:
The History of Women as Clergy**

אחתינו את הני לאלפי רבבה

"O sister! May you grow into thousands of myriad"

Genesis 24:60

Part 1: My Personal Journey as a Female Orthodox Rabbi

Sunday, October 22/ 10 to 11:30 am

Rabbi Lila Kagedan

Jewish women have been answering the call to serve religious communities and to serve in leadership roles since the times of the Torah. This class will explore the history of women as clergy and the trials, tribulations and triumphs that women have endured and celebrated while ascending to the bimah. We will also explore the personal history of Rabbi Kagedan, the first Orthodox woman to claim the title Rabbi and explore the ways in which all denominations in Judaism have journeyed toward the inclusion of women clergy.

Gun Violence Prevention Through a Jewish Lens

Sunday, October 29/ 10:00 am to 12:00 pm

Speakers: Rabbi Menachem Creditor and Ruth Zakarin

Gun violence is the leading cause of death to children in the United States and mass shootings are at a pandemic rate. How as Jews do we think about gun violence especially after the horrific mass shooting at the Tree of Life in Philadelphia and the rise of synagogues being impacted by gun violence related to the increase of antisemitism?

Even within our congregation we can find a wide spectrum of views about guns, regulations, and how the second amendment is defined. As Jews how should we think about gun violence prevention? Do Jewish values through scripture hold answers? Temple Aliyah's Social Action Committee is excited to welcome Rabbi Menachem Creditor, the founder of Rabbis Against Gun Violence, and Ruth Zakarin, the Executive Director of the MA Coalition to Prevent Gun Violence, for a discussion on "Gun violence prevention through a Jewish lens."

Sponsored by Social Action

The History of Women as Clergy: Part 2

Tuesday, October 31/ 7:45 to 9:15 pm

Rabbi Lila Kagedan

Rabbi Lila Kagedan, an Orthodox female rabbi, will continue her discussion about the history and role of women in the clergy.



The Sounds of Eretz Yisrael in America: 1920s-1950s

Tuesdays, November 7 and 14/ 7:45 to 9:15 pm

Cantor Jamie Gloth

We will explore how American Jews have engaged with Israeli musical forms, focusing on the 1920s through the 1950s. We will examine the impact of Israeli music on American Jewish life before Israel became a state and its ongoing impact beyond.

Antisemitism 2.0: On College Campus and Beyond

Sunday, November 19/10 am to 12 noon

Rabbi Ron Fish, Director, Eastern Division, Antisemitism Education and Advocacy

Rabbi Ron Fish will share vital information about the state of hate in America, in the Bay State, and specifically on college campuses today. While much of the news can be seen as dire, Ron will reveal the light that still gives us hope as the storm clouds gather. Temple Aliyah will specifically be asked to become engaged with the work of the ADL. By engaging in The Good Fight, alongside allies from every community, we will learn the inspiring message of how we can be force-multipliers in making a difference. Not a talk for the faint of heart, this presentation will also be a call to action.

Sponsored by Social Action

Conservative Judaism: What We Are, What We Are Not.

Tuesdays, November 20 and 27 / 7:45 to 9:15 pm

Rabbi Leslie Gordon

Typically Conservative Judaism is described as “not Orthodox and not Reform.” In these first two sessions we will explore the evolution of Conservative Judaism and (ideally) come to an understanding of what Conservative Judaism is, its historical development, and the values it most uniquely expresses.

Massachusetts: A Pictorial Celebration of its 351 City and Town Halls

December 3 / 10 to 11:30 am

Maury Ringel

Maury Ringel will regale us with the remarkable stories behind his recent travels to artfully photograph every city and town hall in the state. He will also tell us about the quite unexpected and amazing developments that followed, including publication of his book for the benefit of a leading statewide youth-led service organization that grew out of an initiative of Governor Deval Patrick.

Sleep like a baby: Myths about insomnia and sleep

December 3/ 7 to 8:30 pm

Donn Posner, Clinical Psychologist

(Sleepwellconsultants.com)

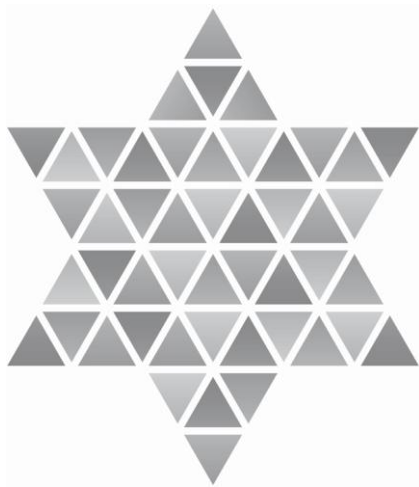
No doubt, at one time or another, we have all experienced the acute or transient insomnia that accompanies change in our lives. Whether the change is good or bad, physical, mental, social or environmental, just about anything can seem to push us into a night or two of insomnia. For most of us, as we adapt or the stressor resolves, so does the insomnia.

However, for some the insomnia seems to take on a life of its own and goes on, sometimes for months or years, beyond the initial trigger. This is a problem worth avoiding and worthy of attention if it happens to you.

This presentation by Dr. Donn Posner will raise and debunk some of the major misconceptions and myths about our sleep. It will go on to discuss some of the basic factors that go into good sleep, how sleep changes over the lifespan, the difference between acute and chronic insomnia, simple strategies that you can employ to get insomnia under control, and where to seek help when insomnia becomes chronic.

Sponsored by the Mental Health Initiative





— SECOND SESSION —
WINTER AND SPRING PROGRAMS

Environmental Cooperation in the Middle East: Providing Hope for Israel and the Region

Sunday, January 14 / 10 to 11:30 am

Rachel Kalikow

The Arava Institute for Environmental Studies is an academic and research institute which brings Israelis, Palestinians, Jordanians and others together to address the region's most pressing environmental issues and in the process builds *trust* – a resource even rarer than water. Today, many of the Institute's more than 1800 alumni are educators, advisors, entrepreneurs, environmental specialists, and activists who work across borders to solve the region's environmental challenges and support a sustainable future.

Rachel Kalikow, Chief Development Officer, Friends of the Arava Institute, will share examples and talk about how the Arava Institute uses cross-border/cross-cultural environmental education to bring people together and build bridges for peace.

Also, as the Arava Institute is the beneficiary of the Israel Ride, and several Temple Aliyah members are Israel Ride alumni, David Eisenberg will provide a brief update on the 2023 Israel Ride and plans for the 2024 Israel Ride.

Three Session Mini Course:

Come my Bride: *Lecha Dodi*: A Deep Dive

The *Lecha Dodi* prayer, the centerpiece of the Qabbalat Shabbat Friday Night service, is a richly layered composition that is both familiar to many, but at the same time not widely understood. In our mini-course we will take a deep dive into the prayer, introducing and contextualizing it, and highlighting key themes. While the session topics are connected, each can also be attended as a stand-alone.

Part 1: The Sabbath Bride

David Bernat, PhD

Sunday, January 21/ 10:15 to 11:45 am

In many respects, *Lecha Dodi* was framed by its composer, a Medieval Qabbalist/Mystic, as a love "sonnet" between the Jewish people and the "Sabbath Bride." We will explore this imagery, and consider how it fits into the Sabbath Liturgy generally, and how it can resonate on a very personal level.

Sisterhood Shabbat

Shabbat, January 27 / 9:15 am

Join the congregation at Sisterhood Shabbat, where the women of Temple Aliyah lead the services, chant from the Torah, and conduct all prayers. A guest speaker will deliver a d'var Torah. As always, services will conclude with a festive Kiddush. Look for details in ComingUp@Aliyah or contact Sisterhood at sharon.katz@templealiyah.com to get involved with organizing, participating, or helping to prepare Kiddush.

Come my Bride: *Lecha Dodi*: A Deep Dive

Part 2: Lecha Dodi and Jewish Messianism

Sunday, February 4/ 10:15 to 11:45 am

David Bernat, PhD

A key aspect of *Lecha Dodi* is its theme of deliverance and redemption at the hands of the Royal Messiah, a descendant traditionally of King David. We will explore this topic, think about how Messianism relates to Shabbat, and contemplate *Lecha Dodi's* particular approach to the issue.

Temple Aliyah Shabbaton with Guest Scholar

Friday, Shabbat and Sunday, March 1-3

Mark your calendar for Shabbaton Weekend!

We are thrilled to announce that Shabbaton 2024 will take place on March 1-3, 2024. As always, we look forward to bringing you a thought-provoking weekend of community activities and education. Keep an eye on ComingUp@Aliyah for more details on this not-to-be missed weekend.

T'Shuvot

Tuesdays, March 5 and 12/ 7:45 to 9:15 pm

Rabbi Leslie Gordon

In these sessions we will study two t'shuvot (legal responsa) of the Conservative movement that have generated much discussion over the years, namely t'shuvot that explore women's role in congregational life and t'shuvot that explore the permissibility of gay marriage within a traditional framework.

Torah Fund Brunch

Sunday, March 17 / 11 am to 1 pm

Please join Sisterhood for a potluck brunch including an engaging speaker. Torah Fund supports scholarships and programs in the worldwide Conservative/Masorti institutes of higher Jewish learning. Keep an eye out for details in ComingUp@Aliyah or Sisterhood's monthly eblast!

Come my Bride: *Lecha Dodi*: A Deep Dive Part 3: *Jerusalem, Navel of the Universe*

Sunday, March 31 / 10:15 to 11:45 am

David Bernat, PhD

Lecha Dodi is a very Jerusalem-centered prayer. We will explore the poem's portrayal of the Holy City, uncover the various layers of meaning attributed to her, and consider the place of Jerusalem in Jewish history, tradition, and for us today.

The Women Founders of the Palestine Symphony Orchestra

Sunday, April 14/ 10 to 11:30 am

Viola Morse

Bronislaw Huberman's efforts to establish an orchestra in Palestine in 1936 was not just a rescue operation of talented Jewish musicians from Europe. It also established a musical life that blossomed in Israel. What was perhaps equally extraordinary was that Huberman auditioned both men and women at a time when no women were members of the major European symphony orchestras. The seven women who were hired by Huberman were in every sense pioneers.

The founding female members of the Palestine Symphony Orchestra (PSO) brought knowledge and artistry of both the orchestral and chamber music repertoire. In addition to performing with the orchestra, they formed chamber music ensembles, gave solo recitals, and most importantly music lessons to pass on their knowledge to the next generation. Even when some of the founding members left the orchestra to pursue their musical careers around the world, the intense bonds formed in those early years in Palestine lasted throughout their lives.

In the spring of 2022, in conjunction with International Women's Day, the Israel Philharmonic decided to honor these seven original members of the orchestra, courageous and talented individuals who were the uncelebrated heroes of their time.

This program will feature a brief film, following which, Viola Morse, whose mother was one of the original women in the PSO, will provide a personal perspective. The film is an offshoot of the longer film "Orchestra of Exiles."

Passover University

Week of April 7 / TBD

Unlike many other important holidays that take place in the synagogue, the majority of Passover celebrations take place in people's homes. Without the leadership of a rabbi at home, how are we supposed to know what protocols to follow? How do we make a Kosher Seder? How do we make a Seder that's interesting and engaging for our multigenerational families, where kids are entertained and adults are intellectually stimulated? Learn how to prepare for meaningful and fun Passover experiences in your home with Temple Aliyah's leadership team through workshops, discussions, and activities for all ages.

Civil Rights Journey with Etgar 36 and Temple Aliyah

Sunday, April 14 - 16, 2024 (two additional days prior to trip are being planned)

For over 20 years, Etgar 36 uses the Civil Rights narrative as a way to provide participants with the tools and inspiration to take the next step beyond social action: social activism. Their Civil Rights journey uses the history, sites, and current issues as a springboard to highlight the relationship, and at times, the tension, of the Jewish and American identity. The journeys are a mix of fun, sightseeing, education, and meetings with organizations and people who have been and are still involved in creating America. Come join your fellow Temple Aliyah members on this important educational and historical trip. This is an adults only trip open to Temple Aliyah members, their family and their friends. More details to follow. Questions? Email Arlene Bryer at arlene.bryer@outlook.com or Judi Stein at judithstein17@gmail.com



A Strength-Based Approach for Kids, Adults and Life!

April 28, 2024/10 to 11:30 am

Charlie Appelstein, MSW, Presenter

Appelstein Training Resources, LLC (ATR) Youth Care Training & Home of Soaring Wings Press

Strength-based practice is an emerging approach to relating to kids and adults that is exceptionally positive and inspiring. Its focus is on strength-building rather than flaw-fixing. It begins with the belief that every person, young or old, has strengths and past successes that can be tapped to enhance their self-image and overall functioning. This uplifting presentation will highlight many of the key principles and techniques of this life-changing, inspiring approach to parenting children (and interacting with all others).

Charlie has devoted his entire adult career to helping children and youth struggling with emotional and behavioral challenges and those who guide them. An engaging, informative, and humorous speaker, Charlie's strength-based approach delivers a message of hope and possibility about our most vulnerable youth and those who shape and influence their lives.

Sponsored by the Mental Health Initiative

The Sounds of Eretz Yisrael in America: The Crucial 1960s and Beyond

Thursdays, May 9 and 16 / 7:45 to 9:00 pm

Cantor Jamie Gloth

We will explore how the music of Israel grew significantly in the consciousness of American Jews during the 1960s and entered American culture generally. We will examine how pride in the State of Israel empowered American Jews to celebrate Israel through its music more broadly in American culture.



BIOGRAPHIES OF PRESENTERS

THE ABRAHAM INITIATIVES ♦ The Abraham Initiatives promotes Jewish-Arab partnership across all facets of Israeli society. The organization's goal is to fulfill the promise of full and equal citizenship and complete equality of social and political rights for Israel's Jewish and Arab citizens. Its leadership team reflects the values of the organization and is comprised of Jews and Arabs from across Israel, all with significant expertise in building Jewish-Arab relations. The United States office is run by Jimmy Taber, the North American Director. Jimmy worked for the New Israel Fund for several years and holds an M.B.A. from Brandeis University Heller School of Social Work.

CHARLIE APPELSTEIN ♦ Youth care specialist Charlie Appelstein, M.S.W., President of Appelstein Training Resources, LLC (ATR) provides expert virtual and in-person strength-based training, consultation, publications, CDs, and DVDs for individuals and groups who work with children and youth experiencing emotional and behavioral challenges. He is the author of two critically acclaimed books, *No Such Thing as a Bad Kid - Understanding and Responding to Kids with Emotional & Behavioral Challenges Using a Positive, Strength-Based Approach* and *The Gus Chronicles I - Reflections from an Abused Kid*.

Described as "the best youth care trainer in America" by Robert Lieberman, former president of the American Association of Children's Residential Centers, Charlie has devoted his entire adult career to helping children and youth struggling with emotional and behavioral challenges and those who guide them. An engaging, informative, and humorous speaker, Charlie's strength-based approach delivers a message of hope and possibility to our most vulnerable youth and those who shape and influence their lives.

DAVID BERNAT, PHD ♦ David Bernat has been a Temple Aliyah member since 2008 and served a term on the board as Adult Education chair. He has a PhD from Brandeis in Biblical Studies and Jewish Antiquity, with research and publications in the areas of ritual, as well as violence and religious zealotry. Bernat has held faculty positions at Wellesley College, Hebrew College Rabbinical School, and UMass Amherst. He is active and sought after as a lecturer in the region on a wide variety of topics, particularly in Adult Learning arenas, and regularly leads tours to Israel with a focus on history and archaeology.

RABBI MENACHEM CREDITOR ♦ Rabbi Menachem Creditor serves as the Pearl and Ira Meyer Scholar in Residence at UJA-Federation New York and was the founder of Rabbis Against Gun Violence. An acclaimed author, scholar, and speaker with over 2 million views of his online videos and essays, he was named by Newsweek as one of the fifty most influential rabbis in America. His 30 published books and 6 albums of original music include the global anthem "*Olam Chesed Yibaneh*" and the COVID-era 2-volume anthology "*When We Turned Within*." He and his wife Neshama Carlebach live in New York, where they are raising their five children.

NANCY FINN ♦ Nancy B. Finn is an author, health care journalist, thought leader and patient advocate focusing on patient empowerment and engagement, digital health records, telehealth, social networking, and patient safety. She is the author of four books: *e-Patients Live Longer, Managing Healthcare Using Technology*, published by Dorrance Publications, *Digital Communication in Medical Practice*, published by Springer Publishing Company, *The Electronic Office*, published by Prentice Hall, and *Writing Dynamics*, published by the CBI Division of Van Nostrand Reinhold. Nancy also writes the blog *HealthCare Basics* and is a contributing columnist for the *Journal for Participatory Medicine*. She is a retired marketing executive, a speaker at many national and international forums, including the United Nations, and a member of several health organization boards.

RABBI RON FISH ♦ Rabbi Ron Fish is a graduate of Brandeis University and The Jewish Theological Seminary. He has served as a congregational rabbi in 3 communities in the Northeast for 25 years. Most recently, Ron was the Senior Rabbi of Temple Israel in Sharon, MA. He is a member of the executive committee of the Massachusetts Board of Rabbis and has worked through the years as a committed and enthusiastic partner for interfaith dialogue. In the run up to vote on the affordable care act, Ron organized 400 colleagues across the state of Connecticut to advocate for universal healthcare.

Ron currently serves as the East Division Director of Antisemitism Education and Advocacy for the Anti Defamation League, serving from Maine to Delaware. His central role is in addressing antisemitism on college campuses today and to offer support for Jewish communities during those first years of adolescent independence. His work is directed toward helping Directors of Equity and Inclusion (DEIs), Provosts and University Presidents to understand the experience of Jewish students on campus and their unique and diverse needs. He is the proud father of four and the husband to Leah Bieler, a writer and fellow Jewish educator.

ROBERT GEGGEL, MD ♦ Dr. Robert Geggel is a pediatric cardiologist in Boston and has over 44 years of experience in the medical field. Rob graduated from the University of Pennsylvania School of Medicine and is affiliated with Boston Children's Hospital. He has a Bachelor's degree from Yale University. Rob is a Senior Associate in the Department of Cardiology and former Director of Cardiology Consult Services at Children's Hospital. He is also an Associate Professor of Pediatrics at Harvard Medical School. Rob has been travelling to Ecuador since 2000 with a medical team through Por Cristo, a non-profit charitable medical service organization based in Boston, providing cardiac treatment to children with congenital heart disease. Rob and his wife Karen have been members of Temple Aliyah for over 30 years.

CANTOR JAMIE GLOTH ♦ Cantor Glotch joined Temple Aliyah six years ago, having served as a cantor in synagogues in New Jersey, California, Ohio, and New York. Growing up in Akron, Ohio, where he began his singing career at a young age in his synagogue's Junior Choir, Cantor Glotch earned his BA at the University of Cincinnati and a Master of Sacred Music and Ordination as Hazzan from the H.L. Miller Cantorial School and College of Jewish Music at the Jewish Theological Seminary. Married to Bina Carr, they are the proud parents of three sons and a daughter. Cantor Glotch is always busy teaching, leading the congregation in prayer, or rooting for his Cleveland sports teams, but he is always ready for a rousing game or two of Mah Jongg.

RABBI LESLIE GORDON ♦ Rabbi Gordon, Temple Aliyah's Rabbi-in-Residence, has been an active member of the Temple Aliyah community since 1997, teaching and leading numerous classes and workshops. Rabbi Gordon received her Rabbinic Ordination and Master of Arts from the Jewish Theological Seminary of America. She has served as our Interim Rabbi during Rabbi Perkins' sabbaticals, as well as the Senior Interim Rabbi at Temple Israel in Sharon. She has also served as a rabbi at synagogues in Alexandria, Virginia and in Lowell, Massachusetts. The recipient of many awards, Rabbi Gordon also teaches several conversion classes for Jews by Choice in the Boston area.

RABBI LILA KAGEDAN ♦ Rabbi Lila Kagedan is a clinical ethicist, licensed mediator and educator working in academic, pastoral and clinical settings. She is a faculty member at the Shalom Hartman Institute of North America. She holds degrees and certificates from Midreshet Lindenbaum, Hebrew University of Jerusalem, University of Toronto, Harvard University, Medstar Washington Hospital Center, and Massachusetts General Hospital and is a Shalom Hartman Institute rabbinic senior fellow. She is also a Hadassah Brandeis Institute-Gender, Culture, Religion and Law Research Associate.

Rabbi Kagedan was ordained in 2015 by Yeshivat Maharat where she became the first Orthodox woman to claim the title rabbi and served until recently as the rabbi of the Walnut Street Synagogue in Chelsea, MA. She was also the founder of the Sulam School in Brookline, MA. She continues to serve as a rabbi at various locations in the Massachusetts Jewish community, including CJP and Mayyim Hayyim community Mikvah, and sits on the board of the Young Israel of Brookline where she is also on the public health taskforce. Lila is the director of biomedical ethics and the humanities program and a professor of bioethics in the faculty of medicine and dentistry of New York Medical College where she is the Alfred E. Smith Institute on Human Values in Medical Ethics, Assistant Professor. In addition, she is also a clinical ethicist and a chaplain at Cambridge Health Alliance as well as at hospitals and hospice settings nationally and internationally.

Rabbi Kagedan is deeply committed to justice work at the intersection of faith, inclusion, anti-racism, education and health. She serves on the clergy interfaith coalition for the city of Chelsea, MA and serves as the co-chair of the disparities in health working group at Cambridge Hospital. She is also on the inclusion committee addressing issues of social determinants of health and racial disparities of health at New York Medical College.

RACHEL KALIKOW ♦ Rachel Kalikow is Chief Development Officer of Friends of the Arava Institute. Prior to joining Friends of the Arava Institute, Rachel had over 20 years of experience in Jewish Community Outreach and Development, including roles at Gann Academy, Foundation for Jewish Culture, Jewish Women's Archive, and Facing History and Ourselves. She is a frequent speaker on behalf of the Arava Institute.

PETER KRUPP ♦ Peter and Vicki Krupp have been members of Temple Aliyah for more than 30 years. Peter has served the Temple in a number of capacities, including as Board Chair and as Chair of the Reopening Committee. Peter has been a judge on the Massachusetts Superior Court since February 2013, including for the last two years presiding in the Business Litigation Session. Before 2013, Peter practiced commercial litigation and criminal defense for 16 years at a Boston firm he founded, formerly known as Lurie & Krupp. Before starting his firm, Peter worked as an Assistant Federal Public Defender in Boston and as a civil litigator at Mintz Levin.

AMY ROSENSTEIN LASSMAN ♦ Amy Lassman graduated from Washington University in St Louis with her B.A. in Dance & Psychology then received her M.A. from New York University in Dance/Movement Therapy. Her career path began by providing Expressive Therapies to elders in Pittsburgh and Boston and inspiring creative movement programs for all ages.

Ever exploring avenues of artistic expression, Ms Lassman returned to her love of creating meaningful pieces from exquisite textiles. In 2010 Ms Lassman collaborated to establish *AKDesign* with a focus on textile handbags and purses. In 2012 Amy founded *Adar Design* to focus her artistic exploration on Judaica textiles.

Her approach to Judaica design originates with the belief that each person who chooses to wear a tallit or kippah does so consciously and with the intent to deepen their own individual connection to Judaism. For the Jewish home Amy creates traditional ritual items such as challah covers and matzah covers with classic styles, current trends and whimsical inspiration.

Adar Design custom work includes chuppot, and Torah covers commissioned by both families and shuls. Including heirloom textiles such as wedding gowns in these pieces allows the pieces to transcend the everyday into the truly exceptional.

Amy, her husband Don and their children Becca and Adam are long-standing members of Temple Aliyah.

NAOMI LITROWNIK, LICSW ♦ For many years, Naomi Litrownik has brought her professional talents to enhance our spiritual life at Temple Aliyah. Naomi has been a practicing psychotherapist for more than four decades. In addition to her clinical practice, she is a Behavioral Health Consultant, an EMDR psychotherapist, and a Mindfulness Based Stress Reduction Teacher. She also trained at the Institute for Jewish Spirituality. A Temple Aliyah member for many years, Naomi attends services regularly and is a frequent Torah and Haftarah chanter.

VIOLA MORSE ♦ Viola Morse came to this country as a small child, with English being the fifth language that she spoke. In her presentation you will learn more about the countries she lived in on the way to the US, but suffice it to say that she landed in New York City in 1952 with her mother and brother. Viola went to school in NY including the completion of her Bachelor's degree at New York University in the late 1960's. She moved to Massachusetts in 1974, where she met her husband Richard at New England Medical Center. Within a few years, she decided to get an MBA, and continued with her career in health care administration, eventually moving over to higher education. Most recently, she was the Senior Director of Academic Affairs and Student Experience at the Brandeis International Business School. She retired from Brandeis in 2019.

Viola was raised in a world of music and international and cultural diversity. She was taught early in life that your education and the friends that you make are "gifts" that stay with you in life, regardless of where you live, your political environment, or your socio-economic status. Viola and her husband Richard have two adult children who were both adopted from Ecuador as infants.

RABBI CARL M. PERKINS, RABBI EMERITUS ♦ Rabbi Carl M. Perkins is currently Rabbi Emeritus after having served as Temple Aliyah's spiritual leader for 31 years. He was ordained and awarded a master's degree in Talmud and Rabbinics from The Jewish Theological Seminary in America. Before pursuing the rabbinate, he practiced law for several years in Boston. Rabbi Perkins teaches and lectures widely in the Boston area and beyond and is currently an adjunct instructor at the Hebrew College Rabbinical School. He is the author of the revised edition of *Embracing Judaism* and also of many articles and sermons published in various journals, and responsa published on the Jewish Values Online website.

JOAN PERLMAN ♦ This is Joan's first year at Temple Aliyah and she is very excited to join our community. In her position as Director of Congregational Learning and Engagement, she will oversee the Mercaz Aliyah School and be an integral part of the Adult Education Team. Joan has worked in Jewish Education for the past 20 years, having served as Director of Education at Congregation Kerem Shalom in Concord and at Beth El Temple Center in Belmont. She holds both her undergraduate and graduate degrees from Simmons University and has participated in many seminars for Jewish education professionals. Joan lives in Marlborough with her husband, Walter, her daughters, Ruth and Samantha, and her two pups, Brayden and Colby.

GORDON PIPER ♦ Gordon Piper and his wife Diane Piper have been members of Temple Aliyah for 38 years. Gordon has served as Chair of the shul's Ritual Committee and on its Board of Trustees.

In 2002, Gordon was appointed to Massachusetts' Land Court by Governor Jane M. Swift. In 2018, Gordon was named the Land Court's Chief Justice. He has received the Massachusetts Judges Conference Judicial Excellence Award, and served as a member of the Board of the Flaschner Judicial Institute.

Before taking office, Gordon practiced for twenty years with the Boston firm Goodwin Procter LLP. He also served as President of the Massachusetts Conveyancers Association, Inc., the bar association now known as the Real Estate Bar Association for Massachusetts. He was chair of the Property Section Council of the Massachusetts Bar Association and served on the MBA's Board of Delegates. While in private practice, Gordon was elected to membership in the Abstract Club, and to a position on its Executive Committee and as its Treasurer-Secretary. He has been a frequent panelist at judicial training and continuing legal education programs, and a contributor to several legal publications. Gordon is a graduate of Vanderbilt University and the Cornell Law School.

The Land Court is a trial court with state-wide jurisdiction and hears a wide range of matters involving real property, including land title cases; zoning and subdivision appeals, challenges and enforcement proceedings; real estate tax and mortgage foreclosures; actions for specific performance of real estate contracts; partition proceedings; and other cases where real estate interests are involved.

DR. DONN POSNER ♦ Dr. Donn Posner is the Founder and President of Sleepwell Consultants and has been consulting to organizations and individuals on a wide variety of sleep health issues including insomnia, circadian dysrhythmia, CPAP adherence, and parasomnias. He operates a small clinical practice in Behavioral Sleep Medicine and is a licensed psychologist in California, Massachusetts, New Hampshire, Pennsylvania, and Rhode Island. He is also currently an Adjunct Clinical Associate Professor in the Department of Psychiatry and Behavioral Sciences at the Stanford University School of Medicine and a consulting psychologist for the Palo Alto VA. He is working on several grants, including one on exploring the effects of CBT-I in veterans with Mild Traumatic Brain Injury, and one on the effects of CBT-I dose on Cancer Related Fatigue (CRF) in breast cancer survivors. Previously, he spent 25 years serving as the Director of Behavioral Sleep Medicine for the Sleep Disorders Center of Lifespan Hospitals and was a Clinical Associate Professor in the Department of Psychiatry and Human Behavior at the Warren Alpert School of Medicine at Brown University. Dr. Posner is a member of the American Academy of Sleep Medicine and is one of the first Certified Behavioral Sleep Medicine specialists recognized by that group. He is also a founding member of the Society of Behavioral Sleep Medicine and he has also now achieved the status of Diplomate with the Board of Behavioral Sleep Medicine (BBSM).

DAWN RINGEL ♦ Dawn Ringel is Senior Vice President, Public Relations with Incenter Marketing. She has more than 30 years' experience advancing organizations' thought leadership through earned media placements. From checking in a *Jeopardy* luminary at a client conference, to furthering international commentary on the Brexit vote, she's had the privilege of staying "on the pulse of the world" throughout her communications career. Many of Dawn's clients are national professional services or technology firms, and she also enjoys local PR.

Dawn grew up in Needham and loves being active within the community. She, her husband Maury, and their daughter Emily became part of our congregation more than 20 years ago. In addition to holding a variety of volunteer roles here, Dawn has sung with the Zamir Chorale of Boston, Koleinu, and Zachor and is part of the Zamir Board of Directors. She earned a Master's degree in public relations from the College of Communications at Boston University and a Bachelor's degree in psychology, *magna cum laude* with distinction in the major, from Connecticut College, where she was named to Phi Beta Kappa her junior year.

MAURY RINGEL ♦ Maury Ringel moved to Massachusetts in 1979 from his home town of Washington, DC. He enjoyed two successful careers—first as an advertising agency owner, then as a civil litigation attorney. Now, he enjoys semi-retirement even more. Maury and his wife, Dawn, are empty-nesters and long-time residents of Needham. When not behind the lens of his camera, Maury can usually be found in front of the stove in his kitchen, where he delights in preparing multi-course, French-inspired gourmet meals.

HARVEY SHAPIRO, PHD ♦ Harvey Shapiro is Clinical Professor Emeritus at Northeastern University where, up until June 2022, he taught courses on Jewish history, sociopolitical contexts of education, and on the relationships among faith, ethics, and educational leadership. His primary areas of scholarship are Hebrew literature and educational philosophy. Dr. Shapiro has published numerous articles. He is the author of the book, *Educational Theory and Jewish Studies in Conversation* (Lexington Books, 2013) and is the editor and contributing author of the *Handbook on Violence in Education: Forms, Factors, and Preventions* (Hoboken, NJ: Wiley, 2018). Prior to his appointment at Northeastern University in 2008, Dr. Shapiro served as Dean of the Graduate School of Jewish Education at Hebrew College in Newton, Massachusetts, as Head of two Jewish day schools – Cohen Hillel Academy in Marblehead, Massachusetts and Stephen S. Wise Middle School in Los Angeles – and as Director of the UAHC Swig Camp Institute for Living Judaism in Saratoga, California. He studied Jewish history for three years at Hebrew University, holds a Ph.D. and M.A. in Jewish education from Hebrew Union College, an M.S. in education from University of Southern California, and a B.A. in history from the University of Minnesota. Harvey and his wife, Abby, have been members of Temple Aliyah since 2003. They have three sons – Daniel, David, and Rabbi Micah Shapiro.

CANTOR LINDA SUE SOHN ♦ Cantor Linda Sue Sohn has been Temple Aliyah's B'nei Mitzvah tutor for the last eleven years. She is the founder and web-designer of CantorEducator.com, a web site devoted to providing recordings and printouts of Torah and Haftarah texts, which are designed for beginner Hebrew readers and individuals with special needs. In her spare time she enjoys riding her bike on local rail trails, on quiet roads, and sometimes on adventures away from home.

RABBI DONALD SPLANSKY ♦ Rabbi Donald Splansky was born in Chicago, Illinois. He received a B.A. at Columbia College, N.Y.C., Ordination at Hebrew Union College-Jewish Institute of Religion, N.Y. and a Ph.D. at Hebrew Union College-Jewish Institute of Religion, Cincinnati. Rabbi Splansky's dissertation was on Targum Pseudo-Jonathan.

Rabbi Splansky served as Assistant Rabbi at Rockdale Temple, Cincinnati, 1968-71, Rabbi at Temple Sholom, Cincinnati, 1971-84, and Rabbi at Temple Beth Am, Framingham, MA, 1984-2007. Rabbi Splansky taught workshops at the conventions of the National Association of Retired Reform Rabbis on the subject, "Biblical Stories We Thought We Knew – But Didn't." Rabbi Splansky is the father of Temple member Dr. Karen Farbman. Rabbi Splansky taught Torah on Two Feet last Winter and Spring and will be teaching it again this year.

ED STEIN, PhD ♦ Ed Stein grew up in New York City, having lived in three of the five boroughs – Staten Island and the Bronx were the exceptions. Ed attended Queens College and then went to M.I.T, graduating with a doctorate in chemistry. Ed retired in 2021 at the age of 74 and since that time he has been devoting his time to writing a family history and working on related projects. For relaxation he enjoys painting and reading. Ed is an avid listener of classical music. He and his wife Judi have been Temple Aliyah members for about a year and are very happy with the decision they made to join this wonderful community. They have three children and six grandchildren.

DAN WINOGRAD ♦ Dan Winograd has lived in Needham since 1992 and has been a member of Temple Aliyah since 1996 with his wife Karen Feldscher and their three children, Adam, Ben and Rebecca. He has been involved at Temple Aliyah in various ways for many years, primarily with Education and Mercaz Aliyah. Professionally, Dan has worked in the environmental health and safety field for more than 30 years. He has been to Israel many times, mostly to visit his family there.

LYDIA WOOLLEY ♦ Lydia Woolley is the North American Program Director at The Abraham Initiatives, an Israeli nonprofit working to build shared society between Jewish and Palestinian citizens. She organizes programming, plans events, and builds partnerships with civil society, spiritual communities, and more. Prior to working at The Abraham Initiatives, she developed expert knowledge of policing practices and oversight as an investigator of police misconduct at the NYC Civilian Complaint Review Board. She is a student of Arabic language and holds a BA in English and Political Science from Tulane University. She is originally from the Chicagoland area and is currently based in Brooklyn.

RUTH ZAKARIN, MSW ♦ Ruth Zakarin spent over 20 years working with youth and adults impacted by domestic and sexual violence before becoming the inaugural Executive Director of the Coalition in May of 2019. Ruth has her MSW from the University of Pennsylvania and is also trained as a community organizer. She is particularly interested in creating models of trauma informed advocacy and policy making. Outside of her Coalition work, Ruth is very involved in local interfaith organizing, is an avid knitter and foodie, and is the proud mom of two incredible young adults.



SEPTEMBER	
Monday, September 11 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Second Day of Rosh Hashanah, September 17 8:15 to 9 am	<i>High Holiday Meditation with Naomi Litrownik</i>
Yom Kippur, September 25 3:45 to 4:45 pm	<i>Jonah's Prayer with David Bernat</i>
Shabbat, September 30 Following Shabbat Services	<i>Kiddush Conversation: Kehillah Kedusha with Joan Perlman</i>
OCTOBER	
Monday, October 2 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Shabbat, October 7 9 :15 to 10 am	<i>Shabbat Meditation with Naomi Litrownik</i>
Shabbat, October 14 9 to 10 am	<i>Torah on Two Feet with Rabbi Donald Splansky</i>
Sunday, October 15 2 to 3:30 pm	<i>Engaging Women in Municipal Elections in Israel with Lydia Woolley, Abraham Initiatives</i>
Monday, October 16 8 to 9 am	<i>Daf Yomi with Rabbi Carl Perkins</i>
Thursday, October 19 7:45 to 8:45 pm	<i>Adult Haftorah Trope with Cantor Jamie Gloth</i>
Sunday, October 22 10 to 11:30 am	<i>Part 1: Personal Journey as an Orthodox Woman Rabbi with Rabbi Lila Kagedan</i>
Monday, October 23 8 to 9 am	<i>Daf Yomi with Rabbi Carl Perkins</i>
Shabbat, October 28 Following Shabbat Services	<i>Kiddush Conversation: A Patient's Guide to Managing Healthcare with Technology with Nancy Finn</i>
Sunday, October 29 10 to 11:30 am	<i>Gun Violence Prevention Through a Jewish Lens with Rabbi Menachem Creditor & Ruth Zacharin</i>
Sunday, October 29 7 to 9 pm	<i>Temple-wide Book Group</i>

Monday, October 30 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Tuesday, October 31 7:45 to 9:15 p.m.	<i>Part 2: History of Women as Clergy</i> with Rabbi Lila Kagedan
NOVEMBER	
Shabbat, November 4 9:15 to 10 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Monday, November 6 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, November 6 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Tuesday, November 7 7:45 to 9:15 pm	<i>Sounds of Eretz Yisrael in America</i> with Cantor Jamie Gloth
Shabbat, November 11 9 to 10 am	<i>Torah on Two Feet</i> with Rabbi Donald Splansky
Monday, November 13 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Tuesday, November 14 7:45 to 9:15 pm	<i>Sounds of Eretz Yisrael in America</i> with Cantor Jamie Gloth
Shabbat, November 18 Following Shabbat Services	<i>Kiddush Conversation :200 Years of Israel Through One Family's Experiences</i> with Dan Winograd
Sunday, November 19 10 am to 12 noon	<i>Antisemitism</i> with Rabbi Ron Fish
Monday, November 20 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, November 20 7:45 to 9 pm	<i>Conservative Judaism</i> with Rabbi Leslie Gordon
Monday, November 27 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, November 27 7:45 to 9 pm	<i>Conservative Judaism</i> with Rabbi Leslie Gordon
DECEMBER	
Shabbat, December 2 9 :15 to 10 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Sunday, December 3 10 to 11:30 am	<i>Project 351</i> with Maury Ringel

Sunday, December 3 7 to 8:30 pm	<i>Myths about Insomnia and Sleep</i> with Dr. Donn Posner
Monday, December 4 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, December 4 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Shabbat, December 9 Following Shabbat Services	<i>Kiddush Conversation: Biking Through History, Following the Underground Railroad</i> with Cantor Linda Sue Sohn
Monday, December 11 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Shabbat, December 16 9 to 10 am	<i>Torah on Two Feet</i> with Rabbi Donald Splansky
Sunday, December 17 7 to 9 pm	<i>Temple-wide Book Group</i>
Monday, December 18 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
JANUARY	
Shabbat, January 6 9:15 to 10 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Monday, January 8 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, January 8 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Shabbat, January 13 9 to 10 am	<i>Torah on Two Feet</i> with Harvey Shapiro
Sunday, January 14 10 to 11:30 am	<i>Environmental Cooperation in the Mid-East</i> with Rachel Kalikow
Monday, January 15 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Sunday, January 21 10:15 to 11:45 am	<i>Lecha Dodi Part 1</i> with David Bernat
Monday, January 22 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins

Shabbat, January 27 9:15 am to noon	<i>Sisterhood Shabbat</i>
Monday, January 29 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
FEBRUARY	
Shabbat, February 3 9:15 to 10 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Shabbat, February 3 Following Shabbat Services	<i>Kiddush Conversation: Connecting Art with Judaism</i> with Amy Lassman
Sunday, February 4 10:15 to 11:45 am	<i>Lecha Dodi Part 2</i> with David Bernat
Monday, February 5 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, February 5 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Shabbat, February 10 9 to 10 am	<i>Torah on Two Feet</i> with David Bernat
Monday, February 12 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, February 19 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, February 26 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
MARCH	
Friday, Shabbat, Sunday March 1-3	<i>Shabbaton Weekend</i>
Shabbat, March 2 9:15 to 10 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Monday, March 4 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, March 4 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Tuesday, March 5 7:45 to 9 pm	<i>T'Shuvot</i> with Rabbi Leslie Gordon

Shabbat, March 9 9 to 10 am	<i>Torah on Two Feet</i> with Rabbi Donald Splansky
Monday, March 11 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Tuesday, March 12 7:45 to 9 pm	<i>T'Shuvot</i> with Rabbi Leslie Gordon
Shabbat, March 16 Following Shabbat Services	<i>Kiddush Conversation: My Parents' Experiences Surviving the Holocaust</i> with Ed Stein
Sunday, March 17 11 am to 1 pm	<i>Sisterhood Torah Fund Brunch</i>
Monday, March 18 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, March 25 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Sunday, March 31 10:15 to 11:45 am	<i>Lecha Dodi Part 3</i> with David Bernat
APRIL	
Monday, April 1 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, April 1 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Shabbat, April 6 9:15 to 10 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Shabbat, April 6 Following Shabbat Services	<i>Kiddush Conversation: Healing Hearts in Ecuador</i> With Rob Geggel, MD
Week of April 7	<i>Passover University</i>
Monday, April 8 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Shabbat, April 13 9 to 10 am	<i>Torah on Two Feet</i> with Rabbi Donald Splansky

Sunday, April 14 10 to 11:30 am	<i>Women Founders of the Palestine Symphony Orchestra</i> with Viola Morse
Sunday, April 14 to Tuesday, April 16	Civil Rights Journey with Etgar
Monday, April 15 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Sunday, April 28 10 to 11:30 am	<i>A Strength-Based Approach for Kids, Adults, and Life</i> with Charlie Appelstein
MAY	
Shabbat, May 4 9:15 to 10:00 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Shabbat, May 4 Following Shabbat Services	<i>Kiddush Conversation: Tzedek, tzedek, tirdof: A View from the Bench</i> with Judges Peter Krupp & Gordon Piper
Monday, May 6 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Thursday, May 9 7:45 to 9:15 pm	<i>Sounds of Eretz Yisrael in America -1960s & Beyond</i> with Cantor Jamie Gloth
Shabbat, May 11 9 to 10 am	<i>Torah on Two Feet</i> with Rabbi Donald Splansky
Monday, May 13 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, May 13 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Thursday, May 16 7:45 to 9:15 pm	<i>Sounds of Eretz Yisrael in America -1960s & Beyond</i> with Cantor Jamie Gloth
Monday, May 20 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
JUNE	
Shabbat, June 1 9:15 to 10 am	<i>Shabbat Meditation</i> with Naomi Litrownik
Sunday, June 2 10 to 11:30 am	Adult Ed Breakfast Program
Monday, June 3 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins

Monday, June 3 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Shabbat, June 8 Following Shabbat Services	<i>Kiddush Conversation: Music & Judaism; One Woman's Journey</i> with Dawn Ringel
Monday, June 10 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Monday, June 17 8 to 9 am	<i>Daf Yomi</i> with Rabbi Carl Perkins
Shabbat, June 22 9 to 10 am	<i>Torah on Two Feet</i> with Rabbi Donald Splansky

NOTES



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